



Reg'd Charity 250008

# Halliwick AST

c/o ADKC Centre, Whitstable House, Silchester Road, London W10 6SB

Website: [www.halliwick.org.uk](http://www.halliwick.org.uk)

## Newsletter

April 2005

### *A message from the Chair*

The **2004 Annual General Meeting was held on Sunday 6<sup>th</sup> March in Birmingham.** In a change to previous years, firstly the final meeting of the 'old' National Executive Committee was held followed by the AGM in the afternoon, so allowing those present, time to read our Annual Report prior to the AGM. This change proved to be successful.

It gave us great pleasure to welcome to the day's proceedings, representatives from the newly formed **Halliwick ASTRA 10** covering Cornwall, Devon, Somerset and Wiltshire, namely Pamela Galloway - Chair and Vicky Shaw - Secretary. They have already organised a successful Halliwick Foundation Course held last October and we wish them every success with their Halliwick Foundation Course to be held later this month in Cheltenham, which at the time of going to print is almost fully subscribed.

An advance date for your diary - Saturday 15 Oct - the **2005 National Swimming Championships** will be held in the afternoon at the Barry Leisure Centre, South Wales, hosted by Halliwick ASTRA 15.

The '**Competition Laws - Revised 2005**' have now been circulated to ALL clubs; they have an orange coloured cover and replace the incorrect 2004 rules which had a dark blue cover.

At the AGM the dates for the next 12 months for both the National Executive & Management meetings were agreed. These appear on the next page under '**DATES FOR YOUR DIARY 2005 - 2006**'.

At the AGM, all the existing Officers were elected for another year, though both myself and Eric Dillely warned the meeting that we would not be standing in 2006. It was also decided that the venue for future AGMs would be moved to the Oxford area, which is where our National Executive meetings have been held for many years.

On page 4 of January's *Newsletter* there was an article regarding '**Criminal Record Checks**'. At the last National Executive meeting it was requested that we issue a *simplified 'Idiot's' guide* to the workings of CRB check, giving the significant points from our comprehensive publication entitled 'Safe-to-Swim'. Unfortunately, due to other pressures and the lack of time, it means that this will now be part of the July edition of the *Newsletter*.

As I have said before, please feel free to contact me direct about any item in this **Newsletter**. If I don't have the answer, I feel sure that I can put you in contact with someone who does!

*Patrick Hastings, Chairperson.* Contact me at: 18 Thamesdale, London Colney St Albans, Herts AL2 1TB  
Tel No: 01727-825 524 E-mail: [patrick.hastings@btopenworld.com](mailto:patrick.hastings@btopenworld.com)

In the January edition of the Newsletter, there was article about Leslie Haines, the owner of an outer-wear business in British Columbia, Canada, that makes a swimming brief (undergarment) for persons dealing with bowel incontinence. We would remind you that there is an outlet in the UK called 'Perfectly Happy People' who market similar products. Their website is [www.in-confidence.co.uk](http://www.in-confidence.co.uk) They will be happy to post a brochure to you.

## DATES FOR YOUR DIARY 2005 - 2006

- Sat/Sun - 16/17 April National Education Weekend, London - 11am start.
- Sunday - 5 June National Executive Committee Meeting in Oxford - 11am start.
- Saturday - 3 Sept National Management Committee Meeting, London - 11am start.
- Saturday - 15 Oct 2005 National Swimming Championships to be held in the afternoon at the Barry Leisure Centre, South Wales
- Sunday - 6 Nov National Executive Committee Meeting in Oxford - 11am start.
- Saturday - 21 Jan, **2006** National Management Committee Meeting, London - 11am start.
- Sunday - 5 Mar National Executive Committee Meeting and **2005 AGM**  
**Proposed venue Oxford - 11am start.**

### **Brent News from Bob and Betty Chapman - Halliwick ASTRA One.**

It is now well known that we plan to retire from course organising after the May 2005 week end. There will be a new course organiser for Brent in 2006 and more details will be available after the Halliwick AST National Education Committee meeting in April.

### ***Brent Course held at Grove Park School - March 12<sup>th</sup> & 13<sup>th</sup>, 2005***

Thirty seven students enrolled with a good mix from NHS Trusts, Special Needs Schools & Halliwick Clubs. The club representatives came from Kings Lynn, Cambridge, Watford, Reading, Portsmouth and Halliwick regions, ASTRA's 1, 2, and 3 (Downham Market Otters). Grove Park School's own Swimming Teacher (an Australian) attended, which we believe was a first from this School. There was also Reza Habibi from IRAN who is Head of Management at the Research Centre of The National Olympics and Paralympics Academy in Tehran. He is interested in organising a Halliwick visit to the Academy.

Classes of 24 and 13 were completed and Allison Skinner was assessed successfully as a lecturer. Congratulations Allison! We were pleased to welcome Wayne Rawlinson as an observer. He is the course organiser for the Troutbeck Bridge Courses in the Lake District and looking to further his knowledge of Halliwick AST.

We say thank you to Roger, Anne and Lily for their continued support in the 'Course Café'! Also for providing disabled swimmers from their club Venturers for realism in pool sessions at advanced courses over the years, which we hope they will continue to do so in the future.

Thank you to all the course assistants / demonstrators over the last five years and every one in Halliwick AST who gave advice and help freely, when needed.

Betty and I have enjoyed being able help promote 'The Halliwick Concept' and at the same time improve our own knowledge, and we will continue to be involved with our own Venturers Club and give them more of our time.

**Remember to visit our Website [www.halliwick.org.uk](http://www.halliwick.org.uk) which is continually being up-dated**

Once again, let us know what you think of our Website and what further information needs to be included.

E-mail suggestions to the National Chairperson: [patrick.hastings@btopenworld.com](mailto:patrick.hastings@btopenworld.com)

**Next Issue – July 2005** Copy to be received by the Editor by ***mid June***

*Send to:* Dr Joan Martin, Flat 2, 66 Kensington Church Street, LONDON W8 4BY

OR, direct to the Chairperson by e-mail, if late !

Dates & Venues of future Halliwick AST Training Courses on 'The Halliwick Concept' in the **UK** appear on **page 3** of this *Newsletter* and are also regularly updated on our Website.

If this Newsletter has **not** been sent to the correct Club contact, it is important that you write to Eric Dilley at the ADKC Office to give him the correct contact so that our records can be updated.

# HALLIWICK ASSOCIATION OF SWIMMING THERAPY



## TEACHING PEOPLE WITH DISABILITIES TO SWIM

INAUGURATED 1952

Registered Charity Number 250008

c/o ADKC Centre, Whitstable House, Silchester, LONDON W10 6SB

[www.halliwick.org.uk](http://www.halliwick.org.uk)

Affiliated to the International Halliwick Association (IHA)

Courses are 4 days duration

### Courses 2005

#### Foundation Courses - The Halliwick Concept

<i>Venue</i>	<i>Dates</i>
<b>Troutbeck Bridge,</b> Windermere, Cumbria	May 9 <sup>th</sup> to 12 <sup>th</sup> (4 consecutive days)
<b>Hull</b>	October 29 <sup>th</sup> & 30 <sup>th</sup> and November 12 <sup>th</sup> & 13 <sup>th</sup>

#### Advanced Course - Teaching The Halliwick Concept

<i>Venue</i>	<i>Dates</i>
<b>Cheltenham</b>	October 20 <sup>th</sup> to 23 <sup>rd</sup> (4 consecutive days)

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**For further information, send a SAE to the Course Organiser  
or visit our website [www.halliwick.org.uk](http://www.halliwick.org.uk) and download the Application Forms :**

#### **Troutbeck Bridge**

Wayne Rawlinson  
85 Milnthorpe Rd.  
Kendall  
Cumbria  
LA9 5HE

☎ 01539-726252  
[waynes@onetel.net](mailto:waynes@onetel.net)

#### **Hull**

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#### **Cheltenham**

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