

# Halliwick AST

## Newsletter

*April* 2007

c/o ADKC Centre, Whitstable House, Silchester Road, London W10 6SB Website: www.halliwick.org.uk

## A message from the Chair

In the January Newsletter there was an article about the present situation regarding Criminal Records checks - 'Disclosure'. I apologise for the fact that the Telephone No shown for the RLSS was incorrect. There was an extraneous digit in the last part and it should have read 01789-774 <u>250</u> and not '2540'.

Part 2 of our publication "Safe to Swim" is being revised and in due course we will be sending an up-dated copy to each affiliated club. If you do NOT wish to receive a copy, please let me know, either by e-mail or by post to the address below.

Remember, you are all welcome to attend this year's *Annual General Meeting on Sunday 29th April in Oxford* at the Ormerod School, Waynflete Road, Headington, Oxford OX3 8DD. This is a <u>new venue</u> and directions of how to get there will follow in due course together with the Agenda. Please bring with you a packed lunch as there are no facilities for food! However, tea and coffee will be provided. Following the success of the changes introduced at the last two years, there will be a meeting of the present National Executive Committee starting at 11 am, <u>followed by</u> the AGM after lunch, so allowing those present, time to read our Annual Report, <u>prior to</u> the AGM.

Please feel free to contact me direct about anything in this **Newsletter**. If I don't have the answer, I am sure I can put you in contact with someone who does!

### Patrick Hastings, National Chairperson

Contact me at: 18 Thamesdale, London Colney, St Albans, Herts AL2 1TB

Tel No: 01727-825 524 E-mail: patrick.hastings@btopenworld.com

#### DATES FOR YOUR DIARY 2007

Saturday - 20 Jan - National Management Committee Meeting

at ADKC in London - 11 am start

Sat/Sun - 31 March/1 April - National Education Committee Weekend in London

Sunday - **29 April** - National Executive and Annual General Meeting - start 11 am at the Ormerod School, Waynflete Rd, Headington, Oxford OX3 8DD

Next Issue – July 2007 Copy to be received by the <u>mid - June</u>

Send direct to the Chairperson by post or e-mail!

Dates & Venues of future Halliwick AST Training Courses on 'The Halliwick Concept' in the **UK** appear on <u>page 3</u> of this *Newsletter* and are also regularly updated on our Website, as well as <u>Overseas</u> Courses.

## Report from the IHA (International Halliwick Association) Education and Research Committee

This Committee met in Kerteminde in Denmark, in October 2006. Those present at the meeting were Ann Gresswell (UK), Bodil Fons Knudsen (Denmark), Jean-Pierre Maes (Belgium & UK) and Montserrat Gutierrez (Spain).

The Committee has written two papers. One for Trainee/Assistant Lecturers and the other for Mentors. These are at a draft stage and are being circulated to lecturers and trainee lecturers for their comments. The Committee wants to thank Halliwick AST for allowing the material in the Halliwick AST 'Lecturers Handbook' to be used as a basis for these papers. The work of Halliwick AST has been very helpful to the IHA Education and Research Committee in developing papers to support the development of Halliwick internationally.

The Committee is starting to prepare for the Next IHA Lecturers/Trainee Lecturers Course, even though it is not going to be till 2009! We are asking IHA Lecturers/Trainee Lecturers for any ideas of topics they would like covering.

The next meeting will be held in March 2007 and the meeting after that will be in September 2007 along with the IHA General Meeting and an International Gala. For further details of the General Meeting and the International Gala go to the IHA website at <a href="https://www.halliwick.org">www.halliwick.org</a>

## Report on Halliwick Study Day, Chadsgrove, March 3<sup>rd</sup> 2007

The Halliwick Study Day organised by the Schools & Hospitals Committee held at Chadsgrove School, Bromsgrove on March 3<sup>rd</sup> was extremely successful. The day was led by Colin Stevens, who combined Halliwick principles with his experience as a Bobath practitioner & tutor to present an extremely interesting & informative day. This was packed with ideas and techniques about handling in the water to facilitate good postural alignment and encourage therapeutic movement, reinforced with demonstrations in the pool.

22 people attended the Day, a mixture of therapists, teachers, swimming instructors & support workers, who came from as far away as Hull & Bristol, Cardiff & London, but with a core of people from the West Midlands area. All were enthusiastic in their praise of the day and what they got out of it and were keen for there to be more of these Study Days in the future.

As well as benefiting from Colin's presentations, it was also an opportunity to meet other people who are using Halliwick. As a result of the interest generated by this Study Day, there is a core of enthusiasm for promoting Halliwick in the West Midlands area. We wish them well in their endeavours.

The Schools & Hospitals Committee plan to run more Study Days, and already have some ideas for venues. If you want one in your area, especially if you have a core of people who are interested and have a venue with a pool, the next one could be on your doorstep.

Contact: Pamela Galloway, Secretary of the S H & T Committee

e-mail: pgalloway1@googlemail.com

or by phone: 01225-337 555 - daytime or evenings

#### HALLIWICK ASSOCIATION OF SWIMMING THERAPY



#### TEACHING PEOPLE WITH DISABILITIES TO SWIM

INAUGURATED 1952, Registered Charity Number 250008

C/o ADKC Centre, Whitstable House, Silchester Road, LONDON W10 6SB

www.halliwick.org.uk

Affiliated to International Halliwick Association (IHA)

Courses 2007

#### Foundation Course - The Halliwick Concept (4 days)

Venue Dates

Brent, North London Part 2 - May 12th & 13th 2007

Oxford June 9<sup>th</sup> & 10<sup>th</sup> & June 30<sup>th</sup> & July 1<sup>st</sup> 2007

Musselburgh, Edinburgh August 23 to 26 - 4 consecutive days

Hull Oct 23 to 26 - 4 consecutive days

#### **Advanced Course - Teaching The Halliwick Concept (4 days)**

Brent, North London Part 2 - May 12th & 13th 2007

Application forms and posters can be downloaded from the web site

or by e-mail from the course organiser or send a S.A.E. to the course organiser

For an update on courses visit www.halliwick.org.uk/html/courses/coursetimes.htm

#### Cost - £150 or £125 (with bursaries available for volunteers from affiliated clubs)

Brent, North London	Hull	Musselburgh, Edinburgh	Oxford
Alison Skinner	Gill Wilkinson	Wendy Alexander	John Partridge
31 Syon Park Gdns	97 Mill Falls	9-11 Court Street	129 Windmill Rd
Osterley	Driffield	Haddington	Oxford
Middlesex	East Yorkshire	East Lothian.	
TW7 5NE	YO25 5AZ	EH41 3DX	OX3 7DN
0208-560 2034	01377-256 229	01620-828 760	01865-764 919
at.skinner@ucl.ac,uk	gill.will9x@tinyworld.co.uk	walexader @eastlothian.gov.uk	partridge700 @btinternet.com