



Reg'd Charity 250008

Halliwick AST

Newsletter

April 2008

c/o ADKC Centre, Whitstable House, Silchester Road, London W10 6SB

Website: www.halliwick.org.uk

A message from the Chair

A quick reminder that this year's **Annual General Meeting is on Sunday 27th April in Oxford** at Ormerod School, Waynflete Road, Headington, Oxford OX3 8DD, starting at 11 am. Directions of how to get there will follow with the Agenda. Please bring with you a packed lunch, as there are no facilities for food! However, tea and coffee will be provided. This year, as agreed at last year's AGM, we are reverting to having the AGM first, starting at 11 am, followed by a meeting of the newly elected National Executive Committee (*apologies for showing the incorrect date in January's Newsletter*).

In past issues of this *Newsletter* we have kept you informed on the changes that we have made to our publication '**Safe to Swim**', our '**Protection Policy**' handbook for dealing with ALL vulnerable person and how to obtain CRB checks. In so doing, the original publication, which was available in THREE parts has now been combined into ONE publication with THREE sections. This is now available and interested clubs can now order a copy by using the latest version of our Publications Order Form attached to this *Newsletter* or from: <http://www.halliwick.org.uk/downloads/PubOrdForm1.doc>

For a write-up on the recent very successful Study Day held in Bristol, see page 3.

Please feel free to contact me direct about anything in this Newsletter.

If I don't have the answer, I am sure I can put you in contact with someone who does!

Patrick Hastings, National Chairperson

Contact me at: 18 Thamesdale, London Colney, St Albans, Herts AL2 1TB

Tel No: 01727-825 524 E-mail: patrick.hastings@bopenworld.com

DATES FOR YOUR DIARY - 2008

Anyone is welcome to attend the AGM and meetings of our National Committees

Sat/Sun - 12/13th April - National Education Weekend in London

Sunday - 27th April - **AGM** and National Executive meeting - start 11 am at
the Ormerod School, Waynflete Rd, Headington, Oxford OX3 8DD

Saturday - 11th October - Annual National Championships to be held in Pontypool,
South Wales, doors open at 2 pm, prompt start at 2.30

Next Issue - July 2008 - Contributions to be received by the mid June
Send direct to the Chairperson by post or e-mail!

Update from the IHA (International Halliwick Association) Executive Committee

The IHA Executive Committee met on 1st & 2nd of February 2008 with representatives from the UK, Switzerland and Poland present. We were joined by Ann Gresswell, Chair of International Education and Research Committee - IHA, for part of Saturday.

General discussion was held regarding membership and how to get the interest of more Countries. Each Country may have a maximum of 2 members on the Executive Committee. For the UK, the representatives are William Wyatt, who is Secretary and Pamela Wood, Chair. Christiane Bauer-Lasserre is Treasurer and Anna Olasinka is Editor of the International Newsletter. There has been some good feedback following the latest newsletter and suggestions were made as to the contents of the next newsletter. Don't forget - if you have any worthwhile articles that could be shared with others, please let us have them to include in the newsletter.

The Executive Committee looked at guidelines for the procedure of election onto the Executive Committee, and these will be circulated to other Halliwick member countries.

Anne Asterall of Sweden and Beryl Kelsey from UK have both been made Honorary Members of IHA in recognition of their contributions to the committee.

The International Gala held in Denmark in September 2007 was discussed and plans put forward for future International events. Information on these will be circulated once confirmation is received.

Ann Gresswell was able to give a report on the work of the Education and Research Committee and recognition was given to new IHA lecturers.

The use of the IHA logo was discussed and it was agreed that this could only be used with the words "affiliated to" included above the logo.

The IHA website has been updated and it was felt that some of the photos of Halliwick activities could be added to it. Improvements, generally in relation to the website, are planned in the near future. See: <http://d5254448.u82.surftown.se/?q=node/1>

Pamela M Wood - Chair IHA Executive Committee

Use of the Halliwick AST Logo by anyone,
either in the UK or overseas,
must have included the words
"affiliated to Halliwick AST"
below the logo



affiliated to
Halliwick AST

Dates & Venues of future Halliwick AST Training Courses on 'The Halliwick Concept' in the **UK** appear on **page 4** of this *Newsletter* and are also **regularly updated on our Website, as well as Overseas Courses.**

Halliwick Study Day – February 16th 2008

”Halliwick – Working with children with Autism and Complex Needs”

On Sat Feb 16th the second Halliwick Study Day organised by the HEC Committee was held at Claremont School in Bristol. Despite it being half-term, 22 people came from as far away as London, Northampton, S Devon & even Hull, and included a number with many years of Halliwick experience as well as some who had only just completed a Foundation Course

After **Alison Skinner** introduced the role of the HEC Committee, we were treated to 2 excellent speakers. **Ann Gresswell** gave an overview of ‘Autism and the difficulties this presents in swimming sessions’. She was able to draw on her experience to put forward some excellent ideas and strategies, and contributions from participants, some of whom work in specialised units, led to an interesting exchange of further experiences.

In the afternoon, **Veronica Boys** addressed the subject of ‘Children with Complex Needs’. She reminded us just how complex their needs can sometimes be!! She helped us to look at the many areas that might be affected and encouraged us to break the skills down into smaller stages, reminding us that sometimes progress is not always straightforward and that often you might have to persevere for a very long time before you achieve even the slightest improvement. How lovely to hear about Albert, who aged 2 starred in our video ‘Another Kind of Playground’, but at age 16 has just mastered the ability to blow out into the water - and what a difference this has made to his swallowing ability. Some children just take a little longer than others - and patience and perseverance pays off in the end!

A practical pool session allowed for demonstration of some useful techniques and some problem solving of issues that had arisen in the theory session, including supporting the swimmer with poor head control, from a tiny baby up to the adult, and working with them on breath control.

In between sessions & over lunch there was plenty of opportunity to network & exchange ideas. The feedback from everyone who came was extremely positive and there was great enthusiasm for more such Study Days in the future, so watch this space! The next Halliwick Study Day could be coming to a pool near you.

Pamela Galloway
Secretary, HEC Committee

If this Newsletter has **not** been sent to the correct Club contact, it is important that you contact Eric Dilley send him the correct details - so that our records can be updated - by e-mail at admin@adkc.org.uk or by post at the ADKC office.



HALLIWICK ASSOCIATION OF SWIMMING THERAPY

TEACHING PEOPLE WITH DISABILITIES TO SWIM

INAUGURATED 1952,

Registered Charity Number 250008

C/o ADKC Centre, Whitstable House, Silchester Road, LONDON W10 6SB

www.halliwick.org.uk

Affiliated to International Halliwick Association (IHA)

Courses 2008

Foundation Course - The Halliwick Concept (4 days)

Venue

Dates

Bexhill on Sea	April 16 th to 19 th
Hull	May 31 st & June 1 st and June 28 th & 29 th
Newcastle	Autumn - dates to be arranged

Advanced Course - Teaching The Halliwick Concept (4 days)

Harrogate (Starbeck)	July 29 th to August 1 st
Oxford	October 11 th & 12 th and October 25 th & 26 th

Advanced Course for Therapists (PT, OT, SLT) in Paediatric Neurological Rehabilitation - 5 days

Grove Park School, Grove Rd Brent, London NW9 0JY	June 23 rd to 27 th
--	---

Application forms and posters can be downloaded from the web site
or by e-mail from the course organiser or send a S.A.E. to the course organiser
For an update on courses visit www.halliwick.org.uk/html/courses/coursetimes.htm

Bexhill on Sea	Jane Stewart Parry, St Mary's Wrestwood Children's Trust, Wrestwood Rd, Bexhill on Sea TN40 2LU e-mail: jstewartparry@st-marys.bexhill.sch.uk
Hull & Harrogate	Gill Wilkinson, 97 Mill Falls, Driffield, East Yorkshire YO25 5AZ Tel: 01377-256 229 e-mail: gill.will9x@tinyworld.co.uk
Newcastle	Sarah Foulkes, 57 Appletree Gdns, Whitley Bay, Tyne & Wear NE25 8XD Tel:0191-280 9774 e-mail: sarahfoulkes76@hotmail.com
Oxford	John Partridge, 129 Windmill Road, Oxford OX3 7DN Tel:01865-764 919 e-mail: partridge700@btinternet.com
Advanced Therapy Course	Ann Gresswell, The Old Rectory, Wytham, Oxford OX2 8QA e-mail: ann_gresswell@hotmail.com