



Reg'd Charity 250008

# Halliwick AST Newsletter

January 2009

c/o ADKC Centre, Whitstable House, Silchester Road, London W10 6SB  
Website: [www.halliwick.org.uk](http://www.halliwick.org.uk)

## In memory of Paul O'Byrne ~ 1957- 2008



On a sad note I have to inform you that **Paul O'Byrne** died on November 16<sup>th</sup> at the age of 51, after an 18 months courageous battle with cancer,

**'Life is beautiful and Life is for Living'**  
**'Carpe Diem' or 'seize the day'**

This was the philosophy by which Paul lived his life. Paul was the Chief Instructor for **Halliwick Penguins SC in Southgate, North London** and had been a member for 31 years. As Chief Instructor he took great delight in training his club volunteer students and Instructors. His own family were also very involved.

In 2000, Paul was the inspiration behind the Halliwick Millennium Symposium weekend, comprising an International Gala, lectures and a celebration meal.

Because of his skills, Paul led the 'Training the Halliwick lecturers' courses and was instrumental in reaching a large number of Halliwick Instructors. His encouragement and support, mixed with his sense of humour, was an inspiration to many.

Paul was a member of our National Education and Publications Committees and was a great help in the organising of photographs for the 3rd edition of our invaluable handbook "Swimming for People with Disabilities".

Outside of swimming, one of Paul's skills was in computing and he designed original websites for both our Association and the IHA (International Halliwick Association). For a fuller Obituary see: <http://paul-ancersurvivorinthemaking.blogspot.com/>

Paul showed immense courage and fortitude throughout his illness and he will be greatly missed by many within Halliwick and in the wider world of Accountancy.

## DATES FOR YOUR DIARY - 2009

*Anyone is welcome to attend the AGM and meetings of the National Executive*

- Saturday - 17<sup>th</sup> January - Management Committee  
- 11 am start at ADKC offices, London
- Sat/Sun - 21/22<sup>nd</sup> March - National Education Weekend in London
- Sunday - 26<sup>th</sup> April - **AGM 2008** and National Executive meeting - start 11 am  
at the Ormerod School, Waynflete Road  
Headington, Oxford OX3 8DD

### ***A message from the Chair***

Firstly, I hope that you all enjoyed a pleasant and relaxing Festive time and may I wish you and yours a very **Happy New Year for 2009**.

I look forward to meeting many of you at this year's ***Annual General Meeting on Sunday 26<sup>th</sup> April in Oxford*** at the Ormerod School, Waynflete Road, Headington, Oxford OX3 8DD, starting at 11 am. Directions of how to get there will follow in due course together with the Agenda. Please bring with you a packed lunch as there are no facilities for food! However, tea and coffee will be provided. The AGM will be followed by a meeting of the newly elected National Executive Committee.

Many apologies for the errors that occurred in the November Newsletter in the article "**News of Halliwick outside the UK - *The Republic of Ireland revisited***", which resulted in a mix-up between the names of Mary Arrigan-Langan and Aoife NiMhuri. and for 'Northern Ireland' erroneously being mentioned.

For a corrected version see: <http://www.halliwick.org.uk/downloads/Nov42008.pdf>

*Please feel free to contact me direct about anything in this Newsletter.*

*If I don't have the answer, I am sure I can put you in contact with someone who does!*

***Patrick Hastings, National Chairperson***

Contact me at: 18 Thamesdale, London Colney, St Albans, Herts AL2 1TB

Tel No: 01727-825 524 E-mail: [patrick.hastings@btoopenworld.com](mailto:patrick.hastings@btoopenworld.com)

If this Newsletter has **not** been sent to the correct Club contact, it is important that you contact Eric Dilley send him the correct details - so that our records can be updated - by e-mail at [admin@adkc.org.uk](mailto:admin@adkc.org.uk) or by post at the ADKC office.

Dates & Venues of future Halliwick AST Training Courses on 'The Halliwick Concept' in the **UK** appear on **page 3** of this *Newsletter* and are also regularly updated on our Website, as well as **Overseas Courses**.

**Next Issue - April 2009** Copy to be received by the **early-March**  
*Send direct to the Chairperson by post or e-mail!*



# HALLIWICK ASSOCIATION OF SWIMMING THERAPY

TEACHING PEOPLE WITH DISABILITIES TO SWIM

INAUGURATED 1952

Registered Charity Number 250008

C/o ADKC Centre, Whitstable House, Silchester Road, LONDON W10 6SB

[www.halliwick.org.uk](http://www.halliwick.org.uk)

Affiliated to International Halliwick Association (IHA)

## Halliwick Courses 2009

### Foundation Courses -The Halliwick Concept - 4 days

Harrogate	Mon Feb 16 <sup>th</sup> to Thurs 19 <sup>th</sup>
Grove Park School, Grove Road Brent, London NW9 0JY	March 14/15 <sup>th</sup> & May 9/10 <sup>th</sup>
Hull	June 6 <sup>th</sup> /7 <sup>th</sup> & 13 <sup>th</sup> /14 <sup>th</sup>

### Advanced Course - Teaching The Halliwick Concept - 4 days

Grove Park School, Grove Road Brent, London NW9 0JY	March 14/15 <sup>th</sup> & May 9/10 <sup>th</sup>
Stanningley, Leeds	July 4 <sup>th</sup> /5 <sup>th</sup> & 11 <sup>th</sup> /12 <sup>th</sup>

### Advanced Course for Therapists (PT, OT, SLT) in Paediatric Neurological Rehabilitation - 5 days

Grove Park School, Grove Road Brent, London NW9 0JY	Monday June 22 <sup>nd</sup> – Friday June 26 <sup>th</sup>
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Application forms and posters can be downloaded from the web site - [www.halliwick.org.uk](http://www.halliwick.org.uk)  
or by e-mail from the course organiser or send a SAE to the course organiser below

Harrogate, Hull & Stanningley, Leeds	<b>Gill Wilkinson</b> 97 Mill Falls, Driffield, East Yorkshire YO25 5AZ Tel No:01377-256 229 e-mail - <a href="mailto:gill.will9x@tinyworld.co.uk">gill.will9x@tinyworld.co.uk</a>
Brent - London	<b>Alison Skinner</b> , 31 Syon Park Gdns, Osterley, Middlesex TW7 5NE Tel No:0208-560 2034 e-mail - <a href="mailto:at.skinner@ucl.ac.uk">at.skinner@ucl.ac.uk</a>
Advanced Course for Therapists	<b>Ann Gresswell</b> , The Old Rectory, Wytham, Oxford OX2 8QA e-mail: <a href="mailto:ann_gresswell@hotmail.com">ann_gresswell@hotmail.com</a>

For updates on any further courses, publications etc. visit - [www.halliwick.org.uk](http://www.halliwick.org.uk)

### Can you help to improve the advertising of Halliwick Courses

Currently we mostly advertise Halliwick courses on the website & in this Newsletter, in Frontline to reach physiotherapists, Swimming Times for swimming teachers and directly to Special Schools, plus various other contacts.

Have you got any other suggestions or contacts which might be useful?

Which journals/magazines appear in your staff room?

Where do you look to find courses?

Any other ideas of how we can get the word out to other sectors?