



Reg'd Charity 250008

Halliwick AST

Newsletter

July 2008

c/o ADKC Centre, Whitstable House, Silchester Road, London W10 6SB

Website: www.halliwick.org.uk

A message from the Chair

It was heartening to see some new faces at our **Annual General Meeting held on Sunday 27th April in Oxford** at Ormerod School, Headington, Oxford OX3 8DD. At this meeting we returned to the format of 2005, where the AGM was held at 11am followed by the National Executive Meeting. Now that the AGM has been moved to the last Sunday in April, Eric Dilley, our Acting Secretary, had time to prepare and circulate the Annual Report prior to the meeting.

In Memoriam - Halliwick AST 1952 - 2009

This could be the headlines in the April 2009 Halliwick AST *Newsletter*, **IF** we do not have people coming forward to replace the current Officers, all of whom wanted to resign over 3 years ago!!

After 25 years, Tony Jandrell, our Hon Treasurer, has finally resigned, due to health problems. Eric Dilley, who though not actually our Hon Secretary has filled the post for the last 12 years, and myself after 8 years, would also like to resign.

The Halliwick Association of Swimming Therapy has been in existence for 56 years & one of its strengths is that its Officers have ALWAYS acted in a voluntary capacity. The Halliwick Concept is now recognised worldwide and Halliwick Associations exist in Denmark, Switzerland, Japan, Brazil, Poland etc,.

The Halliwick Concept is also recognised as being one of the best methods of teaching swimming but is particularly suited to disabled people. Many teaching methods now seem to incorporate Halliwick Concepts in their teachings.

Despite the changes in disability awareness and accessibility everyone involved with Halliwick AST realises the importance of the work that we do. The Association is a 'seedbed' in developing talent to go onto National and International Competition.

There are over 120 clubs, groups and personal affiliates affiliated to Halliwick AST.

It is the National Executive that gives direction & recommendations to these clubs. Only recently, the AGM and NEC of HAST decided to allow 'Self-Certification' of Membership Applications (see page 4).

The work of the NEC is extremely important and impacts on swimming and disability Nationwide. It would be a tragedy if the work of the Halliwick AST should be curtailed due to the lack of Officers to run it. We realise that everyone is extremely busy in this day and age but the current three Officers listed above have done their fair share and new blood is required.

If you require information about what the job entails please ask for details.

If we get enough response we might be able to break the jobs down into more manageable parts.

'A message from the Chair' - continued on page 2 →

A message from the Chair - *continued*

At the AGM a proposal to amend our Constitution was accepted, regarding the introduction of a Membership Application Form which includes a 'Self-Certification' section to replace a Medical Certificate. See article on [page 4](#) & a 'model' Form.

At the meeting of the National Executive Committee, which followed, amongst the items discussed were:

1. Increase of Affiliation Fees - *see article on page 3*
2. Proposed ASA Teacher Coach Licensing Scheme - *see article on page 3*
3. The question was asked - ***What is the "Keyhaven Fund"?*** - *see article [below](#)*

Reduced Course Fees" for Club volunteers attending Halliwick Training Courses were discussed at the AGM of Halliwick ASTRA One - *see article on page 3*

Please feel free to contact me direct about anything in this Newsletter.

If I don't have the answer, I am sure I can put you in contact with someone who does!

Patrick Hastings, National Chairperson

Contact me at: 18 Thamesdale, London Colney, St Albans, Herts AL2 1TB

Tel No: 01727-825 524 E-mail: patrick.hastings@btopenworld.com

What is the "Keyhaven Fund"?

The Keyhaven Fund was set-up in the early 1980s with a large donation from Keyhaven Housing Association for the Disabled based in Hertfordshire, when they folded. At the time, two of the Trustees were members of Halliwick AST and 50% of the funds were donated to Halliwick AST.

The money was to be used for the direct benefit of disabled swimmers, within affiliated clubs, which are registered as a charity, and not frittered away on such things as Admin costs, Outings etc.

In the past grants have been made towards the purchase of such items as Shower chairs, a hoist and stop watches for galas.

Applications for grants should, in the first place, be made by e-mail to:

patrick.hastings@btopenworld.com or by post to the association's address:

c/o ADKC Centre, Whitstable House, Silchester Rd, London W10 6SB

Please provide as full as possible information for the Trustees.

Next Issue - Nov 2008 - Contributions to be received by the *mid Oct*
Send direct to the Chairperson by post or e-mail!

Affiliation Fees increased for the first time in at least 10 years!

The Education Committee recommended that Affiliation fees should be increased thus UK Clubs & Groups **£20**, UK Personal Affiliates (PA) **£15**, Overseas Clubs/PAs **£25**. This was carried unanimously.

Club volunteers reduced fees for Halliwick Training Courses

At the **AGM of Halliwick ASTRA One in May**, it was reported that it had been very disappointing that out of the 21 persons attending the Brent Foundation course in 2008, only 4 were club volunteers and on the Advanced Course only 3 out of 5 were. The remaining attendees all being physios, OTs, swimming and PE Teachers etc, who use Halliwick in their day-to-day work, few of whom are members of clubs. Numbers of club volunteers attending this course and others like it throughout the UK has reduced over the years and this is a cause of concern, as without them clubs will struggle to survive.

This is to remind volunteers of all affiliated Clubs that they are eligible for a Bursary which will considerably reduce the Course Fees that they would otherwise pay. They should contact the Course Organisers for more details.

Proposed ASA Teacher Coach Licensing Scheme

In early 2007, we were made aware that the ASA had produced a discussion paper regarding their '*Teacher Coach Licensing Scheme*' which they had circulated.

The Government had asked the ASA to introduce a licensing scheme to increase the professionalism of swimming teachers and we felt that this could have a great impact on Halliwick instructors. Their proposals were quite far reaching and, after discussion, we wrote to the Chief Executive of the ASA, outlining the work of Halliwick AST, with the ultimate aim that all Halliwick Instructor Certificate holders become accredited under the new rules.

This will not affect volunteers in our affiliated clubs who do not instruct for more than 3 hours a week, or any person from the professions, such as physios, OTs etc, who use Halliwick in their day-to-day work and also act as volunteers in clubs.

However, other club volunteers who also use Halliwick in their day-to-day work may be. We have been and are in active discussions with the ASA to resolve this.

In the meantime, our contact at the ASA, Ms Ayoma Chalkley has re-iterated that the ASA Licensing Scheme is only a recommendation and in no way is at the moment mandatory.

If any of our members find that a local authority is demanding that they are ASA approved they should refer them to her, either by e-mail: ayoma.chalkley@swimming.org or by telephone on 01509 615457.

MEMBERSHIP OF CLUBS : SELF- CERTIFICATION

For a number of years, Halliwick AST has recommended to its affiliated clubs that before accepting a person into membership of a club, a medical certificate should be obtained confirming that it is safe for a person applying for membership to go into the water (and where applicable, undertake other activities arranged by a club).

It is not the policy of Halliwick AST to dictate to clubs what they must do in such matters but it is the policy and duty of Halliwick AST to give guidance and suggest “best practice” to its affiliated clubs.

Over the last 9 months, there has been a great deal of discussion and consultation within Halliwick AST to determine whether we should, as an association, continue to recommend to our affiliated clubs that a medical certificate be obtained before accepting an applicant into club membership or not.

For various reasons, it has been decided (and agreed upon at the 2008 AGM of Halliwick AST) that Halliwick AST will now recommend to its affiliated clubs that rather than obtain a medical certificate, clubs should, before accepting an applicant into membership, obtain from the applicant all relevant information and ensure that they, (or their parent/guardian or other responsible person where appropriate), certify that it is safe for the applicant to undertake activities arranged by the club, including going into the water.

Obviously, the information needed and obtained to make an informed decision about whether it is safe for an applicant to undertake a club’s activities including going into the water should be considered fully and carefully before accepting an applicant into membership and where considered necessary, further information or medical advice can and should be sought with the necessary permission of the applicant.

To assist clubs, Halliwick AST has designed a “model” Membership Application form which you may use (with adaptations where considered appropriate). See separate 4 paged form.

We hope that you find this useful. If you do have any queries then please contact patrick.hastings@btopenworld.com A copy of the “model” application form is on our website www.halliwick.org.uk/downloads/selfcertificationForm.pdf

If this Newsletter has **not** been sent to the correct Club contact, it is important that you contact Eric Dilley send him the correct details - so that our records can be updated - by e-mail at admin@adkc.org.uk or by post at the ADKC office address shown at the head of page 1

DATES FOR YOUR DIARY - 2008

Anyone is welcome to attend meetings of our National Committees

Saturday - 6th Sept - Management Meeting

Saturday - 11th October - **Annual National Championships** to be held in Pontypool, South Wales, doors open at 2 pm, prompt start at 2.30 pm

Sunday - 2nd Nov - National Executive meeting - start 11 am at
the Ormerod School, Waynfilet Rd, Headington, Oxford OX3 8DD

Sat/Sun - 15/16th Nov - National Education Weekend in London
including a Seminar on the Sunday

Report from the IHA Education and Research Committee

Just a short report this time, following a computer link-up meeting which was held on the 9th March 2008. This time there were no problems with the link-up (you may remember that in a previous *Newsletter* we reported that at the meeting in March 2007, when we tried to link-up with Jean-Pierre Maes, there was a thunderstorm which disabled the router!). Merav Hadar-Frumer (from Israel) was welcomed to her first meeting.

The meeting dealt with routine correspondence and procedural matters. It also approved Rosane Caetano (Brazil), Montserrat Gutierrez (Catalonia, Spain) and Ilanit Weigenfeld-Lahav (Israel) as IHA recognised lecturers. Congratulations to Rosane, Montserrat and Ilanit.

The next meeting of the IHA Education and Research Committee will be in Lummen, Belgium in July 2008.

Ann Gresswell (Chair IHA Education and Research Committee)

The Venturers Swimming Club celebrate their 50th Anniversary

Venturers SC, based in Edmonton, North London, was founded in 1958 and is celebrating it's 50th Anniversary this year.

A 50th Anniversary Reunion Service of Thanksgiving will be held on Sunday, 5th October at St Alphege Church, Hertford Road, Edmonton N9 7LG at 2.30 pm.

The service will be followed by a Celebration Reunion of past and present members from 3 pm to 5 pm, in the Church Hall.

The Venturers would like to invite any Halliwick AST member to join them at this Celebration Service and Reunion.

Please contact Anne Plowman(020-8360 9453) for more details

Dates & Venues of future Halliwick AST Training Courses on 'The Halliwick Concept' in the **UK** appear on **page 6** of this *Newsletter* and are also **regularly updated on our Website, as well as Overseas Courses.**



HALLIWICK ASSOCIATION OF SWIMMING THERAPY

TEACHING PEOPLE WITH DISABILITIES TO SWIM

INAUGURATED 1952,

Registered Charity Number 250008

C/o ADKC Centre, Whitstable House, Silchester Road, LONDON W10 6SB

www.halliwick.org.uk

Affiliated to International Halliwick Association (IHA)

Courses 2008/9

Foundation Course -The Halliwick Concept - 4 days

Newcastle Autumn 2008 - dates to be arranged
Harrogate Tues 17th - Sat 20th Feb, 2009
London - venue tba 2 weekends, March & May, 2009

Advanced Course - Teaching The Halliwick Concept - 4 days

Harrogate (Starbeck) Tuesday July 29th to Friday August 1st 2008
Oxford October 11th/12th and 25th/26th 2008

Application forms and posters can be downloaded from the web site - www.halliwick.org.uk

or by email from the course organiser or send a S.A.E. to the course organiser

Hull & Harrogate Gill Wilkinson, 97 Mill Falls, Driffield, East Yorkshire YO25 5AZ
Tel No: 01377-256 229 e-mail: gill.will9x@tinyworld.co.uk

Oxford John Partridge, 129 Windmill Road, Oxford OX3 7DN
Tel No: 01865-764 919 e-mail: partridge700@btinternet.com

Newcastle Sarah Foulkes, 57 Appletree Gdns. Whitley Bay, Tyne & Wear NE25 8XD
Tel No: 0191-280 9774 e-mail: sarahfoulkes76@hotmail.com

London Alison Skinner, 31 Syon Park Gdns, Osterley, Middlesex TW7 5NE
Tel No: 0208-560 2034 e-mail: at.skinner@ucl.ac.uk

For updates on any further courses, publications etc. visit - www.halliwick.org.uk

Help needed to improve the advertising of Halliwick Courses!!

Currently we mostly advertise Halliwick courses on our website, in this *Newsletter*, in 'Frontline' to reach physiotherapists, 'Swimming Times' for swimming teachers and directly to Special Schools. The area we find the most difficulty reaching is people in the Social Services sector and those working for charities. Advertising in journals can be expensive but it is worthwhile if it produces a good return.

If you work in this sector or know anyone who does, have you any ideas which Journals/magazines might be worth considering?

- * Which journals/magazines appear in their staff rooms?
- * Where do you/they look to find courses?
- * Any other ideas of how we can get the word out to these sectors?

Please contact: **Pamela Galloway** – Tel: 01225_337 555 or pgalloway1@googlemail.com