



Reg'd Charity 250008

Halliwick AST

Newsletter

November 2006

c/o ADKC Centre, Whitstable House, Silchester Road, London W10 6SB

Website: www.halliwick.org.uk

A message from the Chair

The **2006 National Championships** hosted by ASTRA One - London, at Southbury Road Leisure Centre, Enfield, North London on Saturday, 14th October, 2006, were a great success. The competition was very keen, everyone was made very welcome.

Congratulations to the host region and to all who took part, whether as swimmers or officials. The overall winners of the 'Barnardo Trophy', for the 2nd year running, were **ASTRA 15- Wales**, whose representative team from **Gwent Dolphins SC** also won the **National League**. For the full results see [page 3](#).

On sale at these Championships was our latest and long awaited video entitled 'Activities on the Ten Point Programme'; see our website for further details.

In the July Newsletter I reported that Poached Eggs were now available direct from us. Unfortunately there was a mix-up with the selling price mentioned! They are available in packs of 10 for £5, which is still considerably cheaper than from outside suppliers. There is no reduction for quantity. Included with this Newsletter is a copy of the revised 'Equipment Order Form' (see [page 5](#)), also downloadable from our website

Important: Due to the postal costs changing, it is easier if orders are made, without a cheque and an Invoice will be sent for payment when the postal costs are known.

We have been contacted by a company called **Incy Wincy** based in Reading. They specialise in swimming products, which include a range of 'Swim nappy' continence swimwear for babies, toddlers and older children, as well as trunks for boys and men. Visit their website: www.incywincy.net and type in 'continence' in the 'quick search' feature at the head.

As this is the last Newsletter of 2006, I wish you all a very Enjoyable and Happy Christmas and a Prosperous and Healthy New Year for 2007.

Please feel free to contact me direct about anything in this **Newsletter**. If I don't have the answer, I feel sure that I can put you in contact with someone who does!

Patrick Hastings, National Chairperson

Contact me at: 18 Thamesdale, London Colney, St Albans, Herts AL2 1TB

Tel No: 01727-825 524 E-mail: patrick.hastings@btopenworld.com

Swimming Club Equipment

Available now:-

Cloth Proficiency badges in Red, Yellow, Green and Blue

A1 Laminated Charts of all badges tests and the Ten Point Programme

Metal lapel badges with 'Halliwick AST' logo, 'Poached eggs' & General Certificates

Download an Equipment Order Form from

www.halliwick.org.uk/downloads/pubbadgesordfm.doc

DATES FOR YOUR DIARY - 2006 - 2007

2006 - Sunday - 5 Nov - National Executive Committee Meeting
at the Ormerod School, Headington, Oxford - 11 am start

2007 - Sat/Sun - 18/19 Nov - National Education Committee Weekend in London

Sat - 20 Jan - National Management Committee Meeting
at ADKC in London - 11 am start

Important News - **Criminal Records checks - 'Disclosure'**

In the July *Newsletter*, we reported that our National Executive Committee would be discussing the problem created by NASCH who had de-registered and would no longer be acting as the Registered Umbrella Body with the Criminal Records Bureau.

We are now pursuing two options. Firstly, through the **RLSS - the Royal Life Saving Society**, following information received from one of our affiliated clubs, namely Hull Optimists SC, who are now using the RLSS for this purpose. To partake in this scheme each individual club would first have to affiliate to the RLSS at an annual cost of £39, but then each CRB check is FREE! Secondly, through the STA - Swimming Teachers Association, where there is no requirement to affiliate, but each CRB check costs £8.

We have now received information from both the RLSS and STA about their schemes, which the National Executive Committee will be discussing at their meeting on 5th Nov. Depending on the outcome of their discussions, they may well be recommending one or either, or both of these schemes to our affiliated clubs. If a club does more than Five CRB checks in a year, then the RLSS scheme is the most cost effective.

As soon as a decision has been made, we will let you know and forward copies of the necessary forms that you will need in order to take part in either CRB scheme.

Unfortunately, the **Halliwick Study Day** that had been arranged for Oct 7th at Linden Lodge, Wimbledon Park, London SW19, had to be postponed because the pool was out of action.

We will let you know the re-arranged date in due course.

Next Issue – Jan 2007 Copy to be received by the Editor by **end - November**
Send to: Dr Joan Martin, Flat 2, 66 Kensington Church Street, LONDON W8 4BY
OR, direct to the Chairperson by e-mail, if late !

Dates & Venues of future Halliwick AST Training Courses on 'The Halliwick Concept' in the **UK** appear on **page 4** of this *Newsletter* and are also **regularly updated on our Website, as well as Overseas Courses.**

HALLIWICK ASSOCIATION OF SWIMMING THERAPY



TEACHING PEOPLE WITH DISABILITIES TO SWIM

INAUGURATED 1952,

Registered Charity Number 250008

C/o ADKC Centre, Whitstable House, Silchester Road, LONDON W10 6SB

www.halliwick.org.uk

Affiliated to International Halliwick Association (IHA)

Courses 2007

Foundation Course - The Halliwick Concept (4 days)

Venue Dates

Harrogate February 13th to 16th 2007

Dorchester February 24th & 25th and March 24th & 25th 2007

Brent, North London March 10th & 11th and May 12th & 13th 2007

Troutbeck Bridge, Cumbria March 26th to 29th 2007

Oxford June 9th & 10th & June 30th & July 1st 2007

Hull Autumn - Dates to be arranged

Advanced Course - Teaching The Halliwick Concept (4 days)

Brent, North London March 10th & 11th and May 12th & 13th 2007

Application forms and posters can be downloaded from the web site

or by e-mail from the course organiser or send a S.A.E. to the course organiser

For an update on courses visit www.halliwick.org.uk/html/courses/coursetimes.htm

Cost - £150 or £125 (with bursaries available for volunteers from affiliated clubs)

Brent, N. London	Hull & Harrogate	Dorchester	Oxford	Troutbeck Bridge Windermere Cumbria
Alison Skinner	Gill Wilkinson	Linda Rieder	John Partridge	Wayne Rawlinson
31 Syon Park Gdns	97 Mill Falls	69 Foxcroft Drive .	129 Windmill Rd	85 Milnthorpe Rd.
Osterley	Driffield	Wimborne	Oxford	Kendall
Middlesex	East Yorkshire	Dorset		Cumbria
TW7 5NE	YO25 5AZ	BH21 2JY	OX3 7DN	LA9 5HE
0208-560 2034	01377-256 229	01202-841 249	01865-764 919	01539-726 252
at.skinner@ucl.ac.uk	gill.will9x@tinyworld.co.uk	linda.rieder@dorsethc-tr.swest.nhs.uk	partridge700@btinternet.com	wayne@onetel.net

HALLIWICK ASSOCIATION OF SWIMMING THERAPY

Equipment Order Form (Badges etc)

Club.....

Send form To: Equipment Secretary: Pamela Wood,
16 Rowan Close, Ogwell
Newton Abbot, Devon TQ12 6YN.
e-mail: pamela.wood@virgin.net

Region: ASTRA(if applicable)

Please Supply:-

No Reqd

Amount.

a. <u>Proficiency badges</u> *	Red	@ £2.00 each.....	£.....
	Yellow	@ £2.00 each.....	£.....
	Green	@ £2.00 each.....	£.....
	Blue	@ £2.00 each.....	£.....

Note:- * these badges can only be supplied to affiliated Halliwick AST Clubs.

b. A5 Certificates for general achievements @ 10p each ... £.....

c. Metal Halliwick logo lapel badges (1 inch dia) @ £2.00 each... £.....

d. Poached Eggs: in packs of 10. No of packs ____ @ £5.00 each £.....

e. Laminated A1 charts

Red () Yellow () Green () Blue () Badges
Ten Point Programme ()
Enter required number after each colour chart

No of charts ____ @ £10 each £ _____

IMPORTANT:

Terms: Please do not send Cheque with Order Form

On receipt of your completed Order Form, we will Invoice you for the full cost when we know the actual cost of the 'Postage & 'Packing'.

Then you can send your cheque (in pounds sterling) to us, made payable to '**Halliwick AST**'. after which the items will be posted to you. If a receipt is required please enclose a SAE.

Name of affiliated Halliwick AST Club.....

Contact Name/Address to be sent to:-.....

.....

..... **Post Code**.....

Tel No..... **E-mail**.....

For official use a£.....

b£.....

c£.....

d£.....

e£.....

ADD Postage & Packing £ _____

Total £ _____