



Reg'd Charity 250008

Halliwick AST Newsletter

November 2010

c/o ADKC Centre, Whitstable House, Silchester Road, London W10 6SB
Website: www.halliwick.org.uk

A message from the Chair

Firstly, I must apologise that there was no July *Newsletter*, but as many of you are aware this year so far has been a traumatic time for me. After a short battle with advanced ovarian cancer, my wife Marjorie died on March 10th. After 44 wonderful years of marriage, it was a huge shock, but I soldiered on and family, friends & neighbours have been incredibly supportive and have helped me through the difficult times. After being hospitalised myself in June with pneumonia, I am now finally back to almost full strength. Thank you to everyone who has sent messages of sympathy and support, your kind words have meant a great deal, both to me and the family, During that time also the website couldn't be updated, but steps have been taken subsequently to train someone in this area.

The 2010 National Swimming Championships, hosted by Halliwick ASTRA 2 and held at the Sevenoaks Leisure Centre in Kent on Saturday 16th October was a great success. Congratulations to Halliwick ASTRA 2 and to all who took part, whether as swimmers or officials and for the support from spectators. The overall winners of the 'Barnardo Trophy' for the 6th year in succession were Halliwick ASTRA 15 - Wales. Halliwick ASTRA 1 won the National League - Arthur Gunton Cup. The full results appear on page 4

We have had some replies to my appeal in the January & May Newsletter asking those of you who are online to agree to receive their copy of our Newsletter by e-mail. This is in view of the proposed increase in Royal Mail postage costs and also the cost of photocopying, printing labels and envelopes. To help us with this, would others please let me know by e-mail, if they would like to be added to the list.

One other advantage of this, is that you can then view it in glorious **colour!!**"

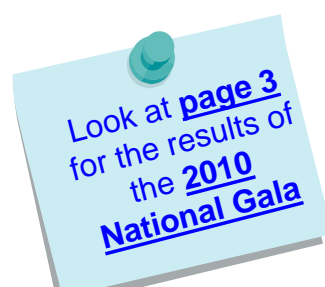
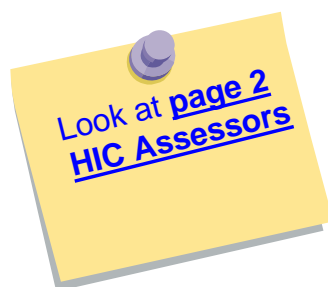
As this is the last Newsletter of 2010, I wish you all a very Enjoyable and Happy Christmas and a Prosperous and Healthy New Year for 2011.

Please feel free to contact me direct about anything in this Newsletter. If I don't have the answer, I am sure I can put you in contact with someone who does!

Patrick Hastings, National Chairperson

18 Thamesdale, London Colney, St Albans, Herts AL2 1TB Tel No: 01727- 825 524

E-mail: patrick.hastings@btopenworld.com



DATES FOR YOUR DIARY - 2011

Anyone is welcome to attend the AGM and meetings of the National Committees.

For venue details contact: patrick.hastings@btopenworld.com

Saturday - 15th January - Management meeting at ADKC offices - London

Sunday - 10th April - AGM and National Executive Committee meetings
start 11 am at the Barton Leisure Centre,
(next door to Ormerod School) Barton Oxford OX3 8GA

Saturday - 10th September - Management meeting at ADKC offices - London

Sunday - 6th November - National Executive meeting - start at 11 am, at the
Barton Leisure Centre, (next door to Ormerod School)
Barton Oxford OX3 8GA

Calling all HIC (Halliwick Instructors Certificate) Assessors

We want to update the address / contact list for HIC Assessors, please can you help?

Currently the list is just of everyone who has an HIC, but in many cases we don't have email or phone contact details. What we want to create is a list of HIC Assessors with contact details and areas of the country they may be able to travel to, if needed to assess someone. For example, I live in London but also have family in the Manchester area and on the Isle of Wight. So, if someone wanted to be assessed for a Green badge and no one else lived locally, I could try and coordinate with their Club/ School to do the assessment when I was next in the area. Please contact Veronica Boys Education Secretary at 7, Westcote Road, Streatham, London SW16 6BN ymb@rmwtooting.co.uk or tel 0208-769 4724

Sport England has announced that its 'Sustainable Investment in Communities Fund' will re-open for applications on the 26th October until the 21st December 2010. The fund will be available to organisations such as sports clubs, voluntary or community organisations, local authorities, and education establishments, such as schools, colleges and universities to invest in innovative projects capable of transforming the places where we play or take part in sport. www.sportengland.org.uk/funding/sustainable_facilities.aspx

We have produced an article for the Interconnections Quarterly Journal (IQJ) which was posted on their website: www.icwhatsnew.com in January 2010. It outlines the 'Halliwick Concept', with coloured photographs, and Halliwick's history. Their website is 'Subscriber only', so we have put the article on our website. Go to the following link to read the article:

www.halliwick.org.uk/downloads/IQJarticleJan2010.pdf

Dates & Venues of future Halliwick AST Training Courses on 'The Halliwick Concept' in the **UK** appear on **page 4** of this *Newsletter* and are also **regularly updated on our Website, as well as Overseas Courses**.

Next Issue - January 2011 Copy to be received by end **of November**
Send direct to the Chairperson by post or e-mail! (see page 1)

Results of the 41st National Championships held on Saturday 16th October 2010 at the Sevenoaks Leisure Centre, Kent, hosted by Halliwick ASTRA 2. Competitors took part from:

Halliwick ASTRA 1 (Greater London, North of River Thames)
 Halliwick ASTRA 2 (Greater London, South of River Thames with Kent, Surrey and Sussex)
 Halliwick ASTRA 5 (Yorkshire)
 Halliwick ASTRA 8 (Cheshire, Staffordshire & Shropshire)
 Halliwick ASTRA 10 (Cornwall, Devon, Dorset, Somerset and Wiltshire)
 Halliwick ASTRA 15 (Wales)

(The Halliwick ASTRA appears as an * after the swimmers' names)

First	Second	Third
National League: Arthur Gunton Cup		
ASTRA 1	ASTRA 15	ASTRA 2
Girls 1 length - 25ms: The Halliwick Cup		
Shannon Rogers *15	Emily Hayton *5	Amy Halfpenny *8
Boys 1 length - 25ms: Halliwick Junior Cup		
Joshua Morgan*15	Jake Sharpe *2	Rodger Jolly *1
Ladies 1 length - 25ms: Beryl Miller Cup		
Penny Jones *1	Sarah Galloway*2	Jane Pouge *1
Men's 1 length - 25ms: London Transport Revenue Cup		
Arran Walters*15	Mark Carmody*2	David Allen *10
Girls 2 lengths - 25ms: ASTRA Fifteen Cup		
Hollie Foster *8	Courtney Rogers*15	Molly Regan*1
Boys 2 lengths - 25ms: Keyhaven Cup		
Connor Page *2	Jacob Evans *15	Brandon Halfpenny *8
Ladies 2 lengths - 25ms: Olive Lee Memorial Cup		
Rosie Wood *15	Collette McEvor *2	Gaynor Tonks *8
Men's 2 lengths - 25ms: George Lyons Cup		
Andrew Clarke *1	Matthew Francis *15	Graham Pettifer*2
Girls Championship- 100ms: Penguins Jubilee Cup		
Amy Halfpenny *8	Amanda Parker*15	Megan Costello*2
Boys Championship - 100ms: Phyl McMillan Cup		
Connor Page *2	Liam Forbes *15	Sandeep Bugnath *1
Ladies Championship - 100ms: Derek Burnard Cup		
Pamela Hill *5	Cheryl Norman *2	Ann Crouch *1
Men's Championship - 100ms: Monton Cup		
Chris Bayliss *15	Rusty Garner*10	Johnathan Harris *8
Junior 4 x 1 Relay: HAST National Cup		
ASTRA 15	ASTRA 8	ASTRA 2
Senior 4 x 1 Relay: Nellie Sims Cup		
ASTRA 1	ASTRA 15	ASTRA 2

CHAMPION ASTRA and winner of the Barnardo Cup: ASTRA 15 - 47 points

Second: ASTRA 2 - 34 points Third: ASTRA 8 - 24 points Fourth: ASTRA 1 - 23 points

Fifth: ASTRA 5 - 19 points Sixth: ASTRA 10 - 10 points



HALLIWICK ASSOCIATION OF SWIMMING THERAPY

TEACHING PEOPLE WITH DISABILITIES TO SWIM

INAUGURATED 1952

Registered Charity Number 250008

C/o ADKC Centre, Whitstable House, Silchester Road, LONDON W10 6SB

www.halliwick.org.uk

Affiliated to International Halliwick Association (IHA)

Courses 2011

Foundation - The Halliwick Concept (4 days)

Venue

Dates

Hull	January 22 nd & 23 rd and 29 th & 30 th
Brent, North London	February 5 th & 6 th and March 12 th & 13 th
Harrogate	April - Monday 18th to Thursday 21 st
Hull	September 24 th & 25 th and October 1 st & 2 nd

Advanced Courses - Teaching The Halliwick Concept - 4 days

Brent, North London	February 5 th & 6 th and March 12 th & 13 th
Harrogate	July - Tuesday 26 th to Friday 29 th

For the cost of courses contact the course organiser.

Application forms and posters can be downloaded from the web site;

www.halliwick.org.uk/html/courses/coursetimes1.htm

or by e-mail from the course organiser below or

Hull Foundation and Harrogate - Advanced	Gill Wilkinson 97 Mill Falls Driffield East Yorkshire YO25 5AZ (01377-256 229) gill.will9x@tinyworld.co.uk
Harrogate - Foundation	Liz Connall, Halliwick Coordinator, Henshaws College, Bogs Lane, Harrogate North Yorkshire HGL 4ED liz.connall@henshaws.ac.uk
Brent, North London	Alison Skinner 31 Syon Park Gdns Osterley Middlesex TW7 5NE (0208-560 2034) at.skinner@ucl.ac.uk