



A message from the Chair

Firstly, I hope that you all enjoyed a pleasant and relaxing Festive time and may I wish you a very **Prosperous New Year for 2004.**

2003 saw the sad departure of a number of our Octogenarian members. Firstly in July, one of our Vice Presidents **Agnes Buttery** died, a founder member of Crewe Seahorse SC and President of Halliwick ASTRA 8. Then in September our late President **Phyl McMillan** who had been there at the beginning of Halliwick Penguins SC, our Association and the International Halliwick Association (IHA), and since the November Newsletter was published, we have heard the sad news of the death on 7th November of **Oliver J Vaughan-Jackson FRCS**, who for many years had been the President Emeritus of Halliwick Penguins SC. At the time that Phyl and 'Mac' were deciding to form the Halliwick Penguins SC in 1949, he was the Honorary Consultant Orthopaedic Surgeon to the Halliwick Girls School for Cripples who finally agreed to allow them to introduce a group of severely disabled girls to the water. But for his foresight we may not have been where we are today.

Another of our benefactors in our early years **Sir Max Rayne**, later Lord Rayne also died around the time of our Annual National Championships, at which the trophy that he donated to be awarded at our *first* National Swimming Championships in 1969, 'The Sir Max Rayne Cup' was awarded to the winner of the Girls 25m metres event.

Finally, I look forward to meeting many of you at the **2003 Annual General Meeting on Sunday 7 March in Birmingham** at the usual venue, the 'Tally Ho' Training and Sports Centre, Pershore Road, Edgbaston at 11 am, followed by a meeting of the new National Executive Committee. Refreshments will be provided. Agenda and map with our Annual Report will follow shortly.

As I have said before, please feel free to contact me direct about any item in this **Newsletter**. If I don't have the answer, I feel sure that I can put you in contact with someone who does!

Patrick Hastings, Chairperson. Contact me at: 18 Thamesdale, London Colney St Albans, Herts AL2 1TB
Tel No: 01727-825 524 E-mail: patrick.hastings@btopenworld.com

Halliwick AST Policy on Protection for Vulnerable people

I am glad to say that our long awaited publication '**Safe-to-Swim**' has finally been ratified by our National Executive Committee at their November meeting. By now all our affiliated clubs and individuals will have received copies of the three sections that form this very important document. We have already received a number of communications, congratulating us on the comprehensive nature of this publication. Sincere thanks are due to all concerned who have in any way contributed to this publication, which is the culmination of three years dedicated hard work.

Register of Halliwick physiotherapists?

We frequently receive requests to supply names of physiotherapists who have been trained in the Halliwick Concept. If you are a physio and would agree to your name and contact details being made available to any enquirers in your area, please inform Patrick Hastings by e-mail : patrick.hastings@btopenworld.com

STOP PRESS:

We have just received the sad news of the death on 22nd November of **Denis Nield, the Chief Instructor of Pisces SC**, who swim at the Gemini Pool in Kingsbury, North London. Denis was only 66 and died suddenly at home. Our thoughts are with his wife Jean, who is the club's Hon Secretary and her daughters.

If this Newsletter has **not** been sent to the correct Club contact, it is important that you write to Eric Dilley at the ADKC Office to give him the correct contact so that our records can be updated.

DATES FOR YOUR DIARY 2004

- Saturday - 17 January National Management Committee Meeting, London - 11am start.
Sunday - 7 March **AGM & National Executive Committee Meeting**, Birmingham - 11am start.
Sat / Sun - 17/18 April National Education Committee Meeting, London - 11am start.

National Education Committee Report

Ten members attended the latest meeting in London on 19th October. As usual the busy agenda comprised of information on recent and future Halliwick courses, the production of new training resources together with a range of important topics concerned with teaching swimming to people with disabilities.

A decision was taken to commence work on a third edition of our 1992 text book, "Swimming for People with Disabilities" as existing stocks are becoming low. The meeting included a seminar on the Advanced Course - *Teaching the Halliwick Concept* led by Beryl Kelsey, Joan Martin and Pamela Wood.

The Education Committee was originally set up as a meeting for representatives from each Halliwick region. Over recent years it has evolved to become a twice-yearly conference open to all active teachers and lecturers. It serves the important purpose of bringing Halliwick-minded people together to share ideas and work towards a common purpose of improving the standard of swimming teaching for people with disabilities.

The meeting decided to re-draft the constitution to reflect the trend of the Education Committee towards becoming a forum open to all practitioners. In the meantime *all* interested Halliwick teachers and lecturers are invited to the next Education Meeting to be held in London on Saturday 17th April. Tony Jandrell our National Treasurer has confirmed that *everyone* attending will be entitled to re-claim their travelling expenses. I am sure that you will find it interesting and informative. *Philip Puckrin (Chairman National Education Committee)*

National Publications & SHTE (Schools, Hospitals & Training Establishments) Committees' Report

The **Rainbow Series** of booklets needs continual updating which this committee endeavours to do. This is an on going task we would ask you to keep the chairperson informed if you notice anything which is incorrect or needs updating please. Following discussion it was decided that the Halliwick Complaints/Grievance Procedure should be included in the Information Pack for Clubs and this will be done.

New Log Books have been produced. The changes made were - Updated terminology, remove assessment of Red & Yellow Badges, Included other assessments - Course Assistant./Pool Demonstrator, Assessor, Lecturer etc

The re-write of the book, '**Swimming for People with Disabilities**' was discussed. A & C Black no longer have the original script and they would not be prepared to do a short run. Following discussion it was decided that the book should be revised rather than rewritten but meanwhile an insert should be prepared to outline the ten point programme and recent additions and changes in terminology in rotations. Also included should be reference to other reading i.e. Rainbow Series.

The Booklet '**Guidelines for Manual Handling**' has been updated and may now be obtained from ADKC Centre using the latest Publications Order Form which can be downloaded from our website from 'Publications' then 'Rainbow Series. Registered & Trainee Lecturers may obtain a Training CD direct from the SHTE Chairperson, Alison Balkas, e-mail: Alison.Balkas@cd.burnleyhc-tr.nwest.nhs.uk This is in the form of a Power Point presentation.

If you are interested in the Education side of Halliwick AST do come to the Education Committee Meetings. See top of this page for future dates and e-mail Philip Puckrin: philpuckrin@freenet.co.uk for more details.

Remember to visit our Website www.halliwick.org.uk, which is continually being up-dated Once again, let us know what you think of our Website and what further information needs to be included. E-mail suggestions to the National Chairperson patrick.hastings@btopenworld.com

Next Issue – April 2004 Copy to be received by the Editor by **mid March**
Send to: Dr Joan Martin, Flat 2, 66 Kensington Church Street, LONDON W8 4BY
OR, direct to the Chairperson, if late !

Dates & Venues of future Halliwick AST Training Courses on The Halliwick Concept, in **both the UK and Overseas** appear on **pages 3/4** of this *Newsletter* and are also regularly updated on our Website.

HALLIWICK ASSOCIATION OF SWIMMING THERAPY



TEACHING PEOPLE WITH DISABILITIES TO SWIM

INAUGURATED 1952,

Registered Charity Number 250008

C/o ADKC Centre, Whitstable House, Silchester, LONDON W10 6SB

www.halliwick.org.uk

Affiliated to International Halliwick Association

Courses are 4 days duration unless otherwise stated

Foundation Courses - The Halliwick Concept - 2004

Newcastle March 27th & 28th
Brent March 13th & 14th and May 8th & 9th
Troutbeck Bridge, Cumbria March 22nd to 25th
Hull (Revised Dates) October 30th & 31st and November 13th & 14th

Advanced Courses Teaching - The Halliwick Concept - 2004

Brent March 13th & 14th and May 8th & 9th
Troutbeck Bridge, Cumbria July 12th to 15th

Advanced Course Stroke Technique - 2004

Venue to be advised January 24th & 25th 2 days only

Assessors' Course

Oxford February 28th and 29th 2 days only

For further information, send a SAE to the Course Organiser:

Brent

Bob Chapman
46 Craven Gdns.
Barking, Essex, IG11 0BN
☎ 020-8252 4851
rob@chappers.karoo.co.uk

Hull

Beryl Kelsey
59 Woldcarr Rd
Hull, East Yorkshire HU3 6TR
☎ 01482-353547
kelsey@halliwickbk.karoo.co.uk

Newcastle upon Tyne

Kim Peacock
40 St. George's Cres
Whitley Bay
Tyne and Wear NE25 8BL
☎ 0191-253 1692

Oxford

John Partridge
129 Windmill Rd.
Oxford OX3 7DN
☎ 01865-764919
partridge@oxfree.com

Troutbeck Bridge

Melanie McEwan
7 Story Stones
Eldwick, Bingley, West Yorks
BD16 3GA
☎ 01274-561544
Melanie.mcewan
@friendsprovident.co.uk

Stroke Technique Course

Alison Skinner
31 Syon Park Garden
Osterley
Middx TW7 5NE
020-8560 2034
at.skinner@ucl.ac.uk

For an update on Course availability, Publications etc. visit www.halliwick.org.uk

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Halliwick AST Courses held outside the United Kingdom 2004

All courses listed here have accredited IHA lecturers

Foundation Course The Halliwick Concept 4 day course

Venue	Dates	Lecturers
Lagunen, Bromolla, Sweden	February 14 th & 15 th and March 13 th & 14 th	Beryl Kelsey Trainee Anne Asterhäll
Sao Paulo, Brazil	April 21 st to 24 th	Beryl Kelsey 2 nd lecturer Mauricio Koprowski Trainee Gorge
Pembroke, Malta	April 5 th to 8 th	Beryl Kelsey Trainee Andrea Buhagiar

Advanced Course Teaching The Halliwick Concept 4 day course

Venue	Dates	Lecturers
Rio de Janeiro, Brazil	April 29 th & 30 th and May 1 st & 2 nd	Beryl Kelsey Mauricio Koprowski and Maria Ines
Curitiba – Paraná, Brazil	May 06 th to 09 th	Beryl Kelsey & Mauricio Koprowski
Sao Paulo, Brazil	May 13 th to 16 th	Beryl Kelsey & Mauricio Koprowski

For further information apply to the Course Organiser:

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Holjevägen 3
290 60 Kyrkhult
Sweden

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Pembroke Malta

George Borg
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A.N.Z.A.C. Road
Pembroke STJ 07
Malta

Tel: 00 356 21374224

Fax No. 00 356 21373763

e-mail

sanmiguel.ns@gov.mt

For an update on course availability, publications etc. visit www.halliwick.org.uk