



Reg'd Charity 250008

Halliwick AST

Newsletter

January 2005

c/o ADKC Centre, Whitstable House,
Silchester Road, London W10 6SB
Website: www.halliwick.org.uk

A message from the Chair

Firstly, I hope that you all enjoyed a pleasant and relaxing Festive time and may I wish you a very **Prosperous New Year for 2005.**

2004 ended on a sad note with the news of the deaths of yet two more of our Octogenarian members. **Ettie Broom**, was one of our Vice Presidents and together with her inseparable friend, the late Agnes Buttery who died in July 2004, she was a founder member of Crewe Seahorse SC. She will be greatly missed at both national, regional and club level. One of their claims to fame was that except for 2002 and one other, they had attended every AGM of the association since the meetings started on a regular basis in 1969! The last time that I met her was at Sale in October at our Annual National Championships, when she helped to present trophies and medals. **Pamela Harris** started Conquest SC based in South London and was one-time Chief Instructor of Enterprise SC, also in South London. During the 1960-70's she was a Halliwick Lecturer, who together with the late Margaret Reid-Campion, worked very closely with 'Mac' and Phyl McMillan, to spread 'the message of Halliwick'. She left 'Halliwick' to become the National Chair of the MS Society.

I look forward to meeting many of you at the **2004 Annual General Meeting on Sunday 6th March in Birmingham** at the usual venue, the 'Tally Ho' Training and Sports Centre, Pershore Road, Edgbaston. In a change to previous years, firstly there will be a meeting of the present National Executive Committee starting at 11 am, followed by the **AGM**, so allowing those present time to read our Annual Report, prior to the AGM. Agenda and map will follow shortly. Refreshments provided.

Finally, I would like to draw your attention to a **very important article regarding 'Criminal Record Checks' on page 4 of this Newsletter**, by Eric Dille, our Acting Secretary. who as part of his every day work is the Registered Counter-Signatory for ADKC (Action for Disability for Kensington and Chelsea).

As I have said before, please feel free to contact me direct about any item in this **Newsletter**. If I don't have the answer, I feel sure that I can put you in contact with someone who does!

Patrick Hastings, Chairperson. Contact me at: 18 Thamesdale, London Colney St Albans, Herts AL2 1TB
Tel No: 01727-825 524 E-mail: patrick.hastings@btopenworld.com

Congratulations to SPARTAN SC for the Physically Disabled who celebrated their **50th Anniversary** last November. A précis follows of a report sent in by Hilary Young their Vice Chairman:

" We held a Party to which we invited all the 'old' Members, Instructors and helpers we could contact, totalling 95. The Deputy Mayor and Deputy Mayoress of Kingston were also in attendance. We had a three-course sit-down meal followed by a disco and dancing. We were lucky to have this sponsored by the local New Malden Community and New Malden Golf Club.

Our Vice President Bob Smith, one of the original founder members and George Goodall another founder member were both present. They were soon followed in the Club all those years ago by Dick Riches and Gordon Dodge who are both still attending every week as Instructors. Bob Smith gave a speech on the Club's History and Sarah Young (28 yrs) who started at Spartans when she was 10, gave a speech on what Spartan has meant to her and how it took two years before she could swim a width, but only another month before she swam a length.

The original meeting 50 years ago was addressed by 'Mac' (Jim McMillan) who explained his swimming method and we have been using it ever since.

Our membership has changed over the years with an average of 28 swimmers each week and 18 helpers/Instructors. We have been lucky to have been sponsored by the Royal Borough of Kingston on Thames who originally supplied the use of the Coronation Baths for free, but now cover the hire of the New Malden Pool with a grant for which we are extremely grateful. As well as swimming we try and hold an outing every year. We always put a team in the ASTRA 2 Gala and often have a representative in the National Gala. We hope to keep swimming for a good few years yet. Who knows, we may be celebrating our Centenary in 2054!"

DATES FOR YOUR DIARY 2005

- Sunday - 6 Mar National Executive Committee Meeting in Birmingham, - 11am start
followed by the **2004 AGM**
- Sunday - 10 April National Competition Committee Meeting at the Furzefield Leisure Centre,
Potters Bar, Herts - 11am start.
- Sat/Sun - 16/17 April National Education Weekend, London - 11am start.

We have received the following e-mail from Leslie Haines, the owner of an outerwear business in British Columbia, Canada, that also makes a swimming brief (undergarment) for persons dealing with bowel incontinence:

My business partner Diane has a seriously disabled son, for whom she has developed some special needs designs. We have been getting quite a few requests from Britain for our swim brief, where I understand there is nothing like them available. Parents of kids who are bowel incontinent, as well as adults themselves, have indicated to us that this is quite a hard item to find (which is why they are looking on the internet, and dealing with us). We have a very successful business but the 'special needs' part is not a money-maker for us. It is however, very important to us that we make these items available to others who are dealing with this problem, so that they can participate in pool programs.

I am looking for ways to make these products available, and I have found that dealing with persons directly involved with swimming programs is most effective as you understand the issues involved in programs for the disabled. Without such products, these people are often unable to participate in swimming. As well, from a health point of view, faecal contamination is a big problem for those facilities who cater for swimmers who are incontinent. Our swim briefs solve both of those problems. In Canada, we are getting most response from occupational therapists and special needs educators, and those, like yourself who are involved in special programs.

Discovery Trekking Outfitters Ltd. makes a very effective swimming undergarment for those who are dealing with bowel incontinence. We have sizes for both children and adults, and can also custom make special sizes by request. These swim diapers are washable, and come in 2 styles. One is a pull-on, the other is adjustable Velcro closure.

Our website where these can be viewed is www.discoverytrekking.ca

Thanks. Leslie Hanes - the 'special needs' page has a description of these swim briefs.

Remember to visit our Website www.halliwick.org.uk which is continually being up-dated

Once again, let us know what you think of our Website and what further information needs to be included.

E-mail suggestions to the National Chairperson: patrick.hastings@btopenworld.com

Next Issue – April 2005 Copy to be received by the Editor by mid March

Send to: Dr Joan Martin, Flat 2, 66 Kensington Church Street, LONDON W8 4BY

OR, direct to the Chairperson by E-mail, if late !

Dates & Venues of future Halliwick AST Training Courses on 'The Halliwick Concept' in the **UK** appear on **page 3** of this *Newsletter* and are also regularly updated on our Website.

If this Newsletter has **not** been sent to the correct Club contact, it is important that you write to Eric Dilley at the ADKC Office to give him the correct contact so that our records can be updated.

HALLIWICK ASSOCIATION OF SWIMMING THERAPY



TEACHING PEOPLE WITH DISABILITIES TO SWIM

INAUGURATED 1952

Registered Charity Number 250008

c/o ADKC Centre, Whitstable House, Silchester, LONDON W10 6SB

www.halliwick.org.uk

Affiliated to the International Halliwick Association (IHA)

Courses are 4 days duration

Courses 2005

Foundation Courses - The Halliwick Concept

<i>Venue</i>	<i>Dates</i>
Llanfrechfa, South Wales	January 25 th to 28 th (4 consecutive days)
Brent (North London)	March 12 th & 13 th and May 7 th & 8 th
Cheltenham	April 7 th to April 10 th (4 consecutive days)
Troutbeck Bridge, Windermere, Cumbria	May 9 th & 12 th (4 consecutive days)
Hull	October 29 th & 30 th and November 12 th & 13 th

Advanced Course - Teaching The Halliwick Concept

<i>Venue</i>	<i>Dates</i>
Brent (North London)	March and May <u>has been cancelled</u>
Cheltenham	October 20 th to 23 rd (4 consecutive days)

For further information, send a SAE to the Course Organiser
or visit our website www.halliwick.org.uk and download the Application Forms :

Brent	Troutbeck Bridge	Hull	Llanfrechfa, South Wales	Cheltenham
Bob Chapman 46 Craven Gdns Barking Essex IG11 OBN ☎ 020-8491 5498 bobbettychapman @ntlworld.com	Wayne Rawling- son 85 Milnthorpe Rd. Kendall Cumbria LA9 5HE ☎ 01539-726252 waynes@onetel.	Beryl Kelsey 59 Woldcarr Road Hull, East Yorkshire HU3 6TR ☎ 01482-353547 kelsey@halliwickbk. karoo.co.uk	Heather Maling Hydrotherapy Dept. Llanfrechfa Grange Hospital Cwmbran NP44 8YN ☎ 01633-623692	Pamela Galloway 17 Baytree Road Bath BA1 6NB ☎ 01225-337555 Pgalloway@members. v21.co.uk.uk

Criminal Records checks - 'Disclosure'

People will, by now, be familiar with 'Disclosure'. This is the process whereby Criminal Records checks are undertaken for members of the Association by NASCH. The introduction of 'Disclosure' was much welcomed by many people and whilst it may prevent paedophiles and other such undesirables from joining our clubs it should not be assumed that clubs can negate their responsibilities and vigilance must still be of paramount importance. After all, many a dedicated paedophile may not have a criminal record.

On the face of it, the process is fairly straightforward. However, there are a number of questions that people often ask: -

Q. Who should have a Criminal Record check?

A. It is the Association's view that, initially, all volunteers should undergo these checks. Whether this should be extended to swimmers, in the fullness of time, is a debatable point. Disabled people are the same as any other sector of society and I have certainly heard of one swimmer with a club who was undoubtedly a paedophile.

Q. How often should checks be renewed?

A. It is the Association's view that renewed Criminal Records checks should be undertaken every three years.

Q. Can I accept a 'Disclosure' from another organisation?

A. This is an extremely difficult question to answer and I can only offer my recommendations. As someone who applies for CRB checks as part of their job I know some of the processes that take place and what information is returned to me that an applicant may not be party to. To explain all this would warrant a newsletter on its own, so I will only tell you what these recommendations are.

If a 'Disclosure' is more than 6 months old obtain a fresh one. Only accept a 'Disclosure' if it was obtained by an organisation undertaking similar work to ours i.e. it deals with children and/or vulnerable adults. If you are willing to accept a 'Disclosure' from another organisation you must go through a 'portability' process. This will ask questions of the organisation who applied for the original 'Disclosure' and may also ask questions from the CRB. More information and a copy of these 'portability' forms are available by contacting portability@crb.gsi.gov.uk. The whole portability process could be changing.

IF IN ANY DOUBT OBTAIN A FRESH 'DISCLOSURE'

For someone who applies for a 'Disclosure' the process is simple, but for the person who countersigns the application (Registered Counter-Signatory) there is a great deal more to worry about. Each Registered Counter-Signatory will have been checked by the CRB to the highest degree and they must make applicants aware of the Code of Practice issued by the CRB to which they must adhere. The CRB is evolving all the time and many improvements are currently being made. This will make the checking process more efficient, rigorous and robust.

I have already referred readers to the CRB and Disclosure websites but I will be happy to try to answer any questions that you may have (e-mail: admin@adkc.org.uk)

Eric Dilley, Acting Secretary - Halliwick AST and Registered Counter-Signatory for ADKC