



Reg'd Charity 250008

Halliwick AST Newsletter

July 2004

c/o ADKC Centre, Whitstable House, Silchester Road, London W10 6SB

Website: www.halliwick.org.uk

A message from the Chair

The **Memorial Service for our late President, Phyl McMillan MBE** was held Christ Church, Southgate, North London on Saturday 15th May at 2 pm. Family tributes were given by Phyl's brother John, which covered her early years and then by her four granddaughters Alison, Abigail, Penny and Freya, which dwelt on Phyl's influence on their lives and included the following words "She was a true lady, who taught us never to judge people, to trust and respect your family and to live life to the full.". This was followed by a tribute on behalf of the Wood Green Branch of 'The Trefoil Guild', which represents retired Guide Officers, covering her long association with the world of Guiding. Finally, William Wyatt, the Chairman of Halliwick Penguins SC gave a tribute on behalf of the Halliwick AST and The International Halliwick Association (IHA) in which he referred to her life long service to the world of 'Halliwick' in all its facets over 54 years. Those of us who experienced her friendship will always remember her.

It was a lovely Spring day and amongst the congregation were our National Officers, representatives from our National Committees, members & friends of Halliwick Penguins SC and other clubs in the London Area. On the international stage, Dr & Mrs Harold Lie flew over from Aarhus in Denmark to be there. Harold is the Treasurer of the IHA & the retired Chairman of Halliwick-Denmark and with his wife were long-time friends of Phyl's & 'Mac' from when they began to spread Halliwick to Europe in the 1950's. Also, Mrs Kgopodiso Mokama had flown in from Gaberone in Botswana, Southern Africa. Many years ago in her student days in London, she lived with Phyl and 'Mac', from whose home she married her late husband, Molelecki Mokama, who later became the Attorney General for Botswana.

As I have said before, please feel free to contact me direct about any item in this **Newsletter**. If I don't have the answer, I feel sure that I can put you in contact with someone who does!

Patrick Hastings, Chairperson. Contact me at: 18 Thamesdale, London Colney St Albans, Herts ALL TAB
Tel No: 01727-825 524 E-mail: patrick.hastings@btopenworld.com

"another kind of playground" is the title of a video that will shortly be available from us. This film shows the use of the Halliwick method of teaching swimming to children with cerebral palsy at the Cheyne Centre, which closed down in 1997. Though filmed in 1993, until now we have only been able to show it at our training courses. However, the 'Friends of the Cheyne Centre' have recently agreed that we may now make copies of it available for general sale. The children featured in it used the Halliwick programme as they learned to move towards freedom and independence in the water. All the children at the Cheyne Centre swam, regardless of age and the severity of the disability. Children of all abilities and ages are seen as they learn to use the water and develop their swimming skills. The swimming work was fully integrated into the children's work and therapy programmes at the Centre and was developed and taught from a multi-disciplinary base. **This film will be of interest to parents, friends and professionals involved with children as well as those already interested in using the Halliwick method of teaching swimming to people with disabilities.** (Running time 26 minutes)

CONGRATULATIONS! Our President, **Dr Joan Martin** was asked to attend 'The Mayor's Awards Ceremony 2004' held on 20th May, hosted by the Mayor of the Royal Borough of Kensington and Chelsea. On the evening, much to her surprise, she was one of seven persons to receive such an award for her services in the Borough.

Her citation read 'Joan Martin receives her Award for her services to swimming for the disabled, particularly in setting up the Kensington Emperors Swimming Club and her commitment to ensure its growth and development over almost 50 years'.

DATES FOR YOUR DIARY 2004 - 2005

Saturday	-	11 Sept	National Management Committee Meeting, London - 11am start.
Sat / Sun	-	2 & 3 Oct	National Education Committee Weekend Meeting, London - 11am start.
Sunday	-	7 Nov	National Executive Committee Meeting, Oxford - 11am start.
2005			
Saturday	-	15 Jan	National Management Committee Meeting, London - 11am start.
Sunday	-	6 March	National Executive Committee Meeting in Birmingham, <u>followed by the AGM</u> - 11am start.

National Education Committee Report

15 people delegates attended the National Education Meeting on 18th April. This was the best attendance for several years.

Last year, throughout the country, we held 17 Part A courses (267 participants) and 16 Part B courses (238 participants).

In addition, 3 Advanced Courses were held. These included the Lecturers Course, the Assessors Course and the Stroke Technique Course; all three courses were all fully subscribed.

Work is continuing on the production of new publications and training resources.

- These include:
- A new video to illustrate The Ten Point Programme
 - The update of our textbook Swimming for People with Disabilities
 - The Lecturers Information Pack (updated 2004)
 - The Assessment of Competence Certificates (updated 2004)
 - The Safe to Swim publication is to be made available for sale at £6

Unfortunately, an increase in Registration and Affiliation fees is necessary to raise additional revenue.

As from 1st January 2005 Registration fees for Halliwick Foundation Courses will be:

Affiliated organisations - **£300**; Non-affiliated organisations - **£500**

Annual affiliation fees for non-voluntary bodies are being raised to **£20**.

To prevent the common practice of course organisers affiliating temporarily just to avoid paying the higher registration fee, a ruling was made that organisations must have been affiliated for at least two years to qualify for the reduced rate. The next National Education Meeting will take place in London on October 2nd

Philip Puckrin - Chairman, National Education Committee

The **2004 National Championships** hosted by ASTRA 8, will take place at Sale Leisure Centre, near Manchester on Saturday, 16th October 2004, doors open at 2.30 pm for a prompt 3 pm start. The Halliwick AST National Competition Laws have been updated & each affiliated club will shortly be receiving a copy under a separate mailing.

STOP PRESS! Congratulations to **Mary Arrigan-Langan** from Galway in Eire who has been recommended for a 'Mayor's Award' in Galway, for her community work in Sport & Recreation, particularly for her work with Halliwick Swimming for the Disabled. Mary is a Halliwick Lecturer and for many years worked with Dr Joan Martin at Kensington Emperors SC when she was based in London.

Remember to visit our Website www.halliwick.org.uk which is continually being up-dated. Once again, let us know what you think of our Website and what further information needs to be included. E-mail suggestions to the National Chairperson patrick.hastings@btopenworld.com

Next Issue – November 2004 Copy to be received by the Editor by **mid September**
Send to: Dr Joan Martin, Flat 2, 66 Kensington Church Street, LONDON W8 4BY
OR, direct to the Chairperson by E-mail, if late !

Dates & Venues of future Halliwick AST Training Courses on The Halliwick Concept in the **UK** appear on **page 3** of this Newsletter and are also regularly updated on our Website.

If this Newsletter has **not** been sent to the correct Club contact, it is important that you write to Eric Dille at the ADKC Office to give him the correct contact so that our records can be updated.

HALLIWICK ASSOCIATION OF SWIMMING THERAPY

REG'D CHARITY 250008



TEACHING PEOPLE WITH DISABILITIES TO SWIM

2004

Courses are 4 days duration unless otherwise stated

Foundation Course - The Halliwick Concept Swimming and Therapy for People with Special Needs

Hull (Revised Dates) October 30th & 31st and November 13th & 14th

**For further information, send a SAE to the Course Organiser:
(or visit our website and download the Application Form)**

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For an update on Course availability, Publications etc. visit www.halliwick.org.uk