

# Halliwick AST

# **Newsletter**

November 2003

c/o ADKC Centre, Whitstable House, Silchester Road, London W10 6SB Website: www.halliwick.org.uk

### A message from the Chair



"In Happier times" - October 2001 at the National Championships in Wales. **Agnes Buttery**, a late Vice President, **Phyl McMillan** our late President together with their great friend Ettie Broom one of our Vice Presidents (left to right)

By now many of you will have heard the sad news of the death our late President **Phyl McMillan** who died on 10<sup>th</sup> September, whilst in Chase Farm Hospital in Enfield, North London. It was Phyl's wish to have a small and peaceful funeral and she was cremated in a beautiful country setting on Friday 19<sup>th</sup> September at Amersham Crematorium in Buckinghamshire. The Family were all with her, joined by a few invited friends and they hope that you will understand if you were not amongst them, as it does not mean that Phyl held your friendship less dear. The family intend to hold a 'Celebration of Phyl's life' and would love to see you all then. This will be in several months time and we will let you know when arrangements have been made.

We send our condolences to her family, especially her daughters Margaret, Janet and families.

We shall all miss Phyl a great deal indeed, but we remember that Phyl's life work was 'Halliwick'. We are proud and determined to carry on the work that Phyl dedicated her life to.

As you know, it was in 1949, together with her late husband James ('Mac') McMillan (1908 -1997) that they founded the Halliwick Penguins SC, the first swimming club for all disabilities and our own association was later established in 1960.

At this sad time, I also have to announce the death of one of our Vice Presidents, **Agnes Buttery**, a founder member of Crewe Seahorse SC, who died at the beginning of July. Both Phyl at 88 and Agnes at 84, together with Ettie Broom had known each other since the inaugural meeting in 1952 of Crewe Seahorse.

We mourn the passing of two stalwart members of our Association and salute them! For further details see our Website <a href="www.halliwick.org.uk">www.halliwick.org.uk</a> A separate obituary for Agnes Buttery is overleaf.

As I have said before, please feel free to contact me direct about any item in this *Newsletter*. If I don't have the answer, I feel sure that I can put you in contact with someone who does!

On a happier note, I have to report that our **34**<sup>th</sup> **Annual National Swimming Championships** that were held on Saturday, 11<sup>th</sup> October at the Sevenoaks Leisure Centre in Kent, were a great success. The competition was very keen, everyone was made very welcome. Congratulations to all who took part, whether as swimmers or officials, and especially to the winners and to **ASTRA 8**, the winning ASTRA! The full results appear on <u>page 4</u> of this Newsletter and on <u>page 5</u> is the list of prizes and winners of the **National Draw**.

Patrick Hastings, Chairperson. Contact me at: 18 Thamesdale, London Colney St Albans, Herts AL2 1TB

Tel No: 01727-825 524 F-mail: patrick hastings@btopenworld.com

If this Newsletter has **not** been sent to the <u>correct</u> Club contact, it is important that you write to Eric Dilley at the ADKC Office to give him the correct contact so that our records can be updated.

### DATES FOR YOUR DIARY 2004

Saturday - 17 January National Management Committee Meeting, London, 11 am start.

Sunday - 7 March AGM & National Executive Committee Meeting, Birmingham, 11 am start.

### **IHA Education and Research Committee Meeting**

The IHA Education and Research Committee met over the weekend of 14<sup>th</sup> - 16<sup>th</sup> March 2003 in Lummen, Belgium. Those present at this meeting were Ann Gresswell (Britain), Bodil Fons Knudsen (Denmark), Jean-Pierre Maes (Belgium), Nathalie Pittle (Austria), Thomas Schick (Germany), Inger-Lise Schouw (Norway). All of these had been reelected at the IHA General Meeting, in Slovenia, in October 2002.

Arrangements continue for the International Course for lecturers and trainee lecturers to be held over the weekend of 12<sup>th</sup> - 14<sup>th</sup> December 2003 in Denmark. Details of this have already been circulated to contacts in each member country. The Education and Research Committee agreed to keep the course just for lecturers and trainee lecturers. However, the seminar/conferences and the gala are open to all members of IHA.

Maria de Lourdes Oliveira Vilela Garcia has been endorsed as an IHA recognised lecturer following her assessment in Brazil last year. **CONGRATULATIONS** to her.

The Committee agreed that if a lecturer wishes to continue as an IHA recognised lecturer, they need to be a member of IHA. This can be either through being a member of the national Halliwick Association (which is affiliated to the IHA) or by applying to become a member of IHA as an individual.

The Committee is also recommending that IHA should be responsible for approving IHA recognised lecturers and assessors of IHA recognised lecturers. Discussion about this issue is ongoing at present.

If you know of situations where a Halliwick Course is taking place without an IHA recognised lecturer please contact the Chair of the IHA Education and Research Committee who writes to the course organiser to tell them why they should use an IHA recognised lecturer.

The next meeting is to be held on 14<sup>th</sup> December 2003 in Denmark and then the following one over the weekend of 11<sup>th</sup> - 13<sup>th</sup> June 2004 in Norway. *Ann Gresswell (Chairperson IHA Education and Research Committee)*The Old Rectory, Wytham, Oxford OX2 8QA UK *e-mail*: ann\_gresswell@hotmail.com

**Obituary - Agnes Buttery** As Ettie Broom said when she wrote to me, they were more like sisters, who did most things together, though they both had their own homes, friends and interests and had known each other for about 60 years. Agnes was a talented artist, showing her paintings, mostly watercolours, in Exhibitions. Born in Crewe, Agnes worked at the Crewe Swimming Baths from their opening in 1937 and for the last 20 years of her working life she was manager of the Adult Training Centre for the mentally handicapped in Bootle with 150 trainees, which she thoroughly enjoyed. Though she had not been really well for a year or two, she still retained her interest in Crewe Seahorse SC, which she worked hard to get going 40 odd years ago, as well as ASTRA 8 of which she was their President at the time of her death. She was also involved with the local MENCAP Society. *Compiled from information received from Ettie Broom, one of our Vice Presidents* 

#### Halliwick AST Policy on Protection for Vulnerable people

Unfortunately, once again the publication of the document 'Safe-to-Swim' has been delayed, as the changes that have been made still have to be ratified by our National Executive Committee at their meeting on November 2<sup>nd</sup>. Once this has been done, then all affiliated clubs will receive a copy of each of the three Sections making-up this publication. We apologise for this further delay, but as you will realise, it is extremely important that we get it right.

**Remember to visit our** *Website* **www.halliwick.org.uk**, which is continually being up-dated Once again, let us know what you think of our Website and what further information needs to be included. E-mail suggestions to the National Chairperson **patrick.hastings@btopenworld.com** 

Next Issue – January 2004 Copy to be received by the Editor by <u>end of November</u> 2003 Send to: Dr Joan Martin, Flat 2, 66 Kensington Church Street, LONDON W8 4BY

OR, direct to the Chairperson, if late!

Dates & Venues of future Halliwick AST Training Courses on The Halliwick Concept, (formerly known as 'Method'), appear on page 5 of this *Newsletter* and are also regularly updated on our Website.

#### Halliwick AST Newsletter November 2003

# Results of the 34th National Championships held on Saturday 11th October 2003 at the Sevenoaks Leisure Centre, Kent.

Competitors took part from:

Halliwick ASTRA 1 (Greater London, North of Thames)

Halliwick ASTRA 2 (Greater London, South of Thames with Kent, Surrey and Sussex)

Halliwick ASTRA 5 (Yorkshire)

Halliwick ASTRA 8 (Cheshire, Staffordshire & Shropshire)

Halliwick ASTRA 15 (Wales)

First position Second position Third position

National League: Arthur Gunton Cup

Halliwick ASTRA 1 Halliwick ASTRA 15 Halliwick ASTRA 2

(Halliwick ASTRA appears in brackets, after swimmers' names)

Girls 25 metres: Sir Max Rayne Cup

Lauren Kirby (2) Rebecca Smallman (15)

Boys 25 metres: Swimmers Cup

Kaya Tanner (1) Richard Stack (8) Adam Watson (2)

Ladies 25 metres: Beryl Miller Cup

Mary Walker (5) Linda Robinson (8) Mary Wells (1)

Men's 25 metres: London Transport Revenue Cup

Ian Carpenter (1) Shaun Clements (15) Andrew Mullinex (8)

Girls 50 metres: ASTRA Fifteen Cup

Amy Pledge (2) Rachel Frodsham (15) Jane Harper (8)

Boys 50 metres: Keyhaven Cup

Daniel O'Neill (8) Patrick Jones (15) Paul Brett (2)

Ladies 50 metres: Olive Lee Cup Memorial Cup

Pam Crofts (5) Eva Salisch (1) Bethan Horgan (15)

Men's 50 metres: George Lyons Cup

Nadir Khan (2) Stephen Andrews (15) Andrew Russell (8)

Girls Championship -100 metres: Penguins Jubilee Cup

Nikki Holmes (8) Stacey Smith (15) Leanne Allright (2)

Boys Championship -100 metres: City of Liverpool Cup

Lee Harding (15) Damien Bryan (8) Darren Crouch (1)

Ladies Championship -100 metres: Derek Burnard Cup

Lynne Lucas (8) Jessica Finch (15) Ann Crouch (1)

Men's Championship -100 metres: Monton Cup

Alex Stewart (8) Matthew Francis (15) Gary Barnes (1)

Junior 4 x 25 metres Relay: Enfield Cup

Halliwick ASTRA 2 Halliwick ASTRA 15 Halliwick ASTRA 8

Senior 4 x 25 metres Relay: Nellie Sims Cup

Halliwick ASTRA 5 Halliwick ASTRA 8 Halliwick ASTRA 2

CHAMPION ASTRA and winner of the Barnardo Cup: ASTRA 8 - 37 points

Second: ASTRA **15** - 36points Third: ASTRA **2** - 30 points Fourth: ASTRA **1** - 23 points Fifth: ASTRA **5** - 18 points

# Halliwick AST National Draw 2003 Prize list and winners.

No	Prize	Ticket No	Address of winner	Sold by
1	£100.00	04304	Michelle C/o 1 Oatlands Road, Enfield	Venturers SC
2	£60.00	05230	Joyce Berry	Enterprise SC
3	£30.00	13505	Pat Aplin 1 Athelsan Road, Dorchester	Dorchester Turtles
4	£20.00	15088	Karen Goddard 1 Paddock Court Hook Hants	Hart Herons SC
5	£20.00	13366	Karen Collins 21 Hurst Road Pershore, Worcs	Paddlers SC
6	£20.00	14450	Vera Kocher 70 Murnins Hall Rd. Potters Bar, Herts	Barracuda SC
7	£20.00V	11067	J Stark SwanSClub	Alsager Swans
8	£10.00V	14853	J Lambert 15 Wayside Shenley Herts WD7 9JN	Borehamwood Otters
9	£10.00V	24275	Taff Ely Turtles	Taff Ely Turtles SC
10	£5.00V	13278	Marg Hoskins 9 Mayfield Road Pershore, Worcs	Paddlers SC

1st, 2nd, 3rd & 4th prizes provided by Halliwick AST, others kindly donated by Halliwick ASTRAs 1, 2, 5, 8, & 15, and Newtown Otters SC

Top Club again Pisces SC, closely followed by Sailfin SC Some addresses and club names shortened because of lack of space.

Tony Jandrell (Draw Promoter)

# HALLIWICK ASSOCIATION OF SWIMMING THERAPY

**REG'D CHARITY 250008** 



## **Swimming and Therapy for People with Disabilities**

Course are 4 days duration unless otherwise stated

### Foundation Courses The Halliwick Concept

Hull November 8<sup>th</sup> & 9<sup>th</sup> and November 22<sup>nd</sup> & 23<sup>rd</sup> 2003

Newcastle November 15<sup>th</sup> & 16<sup>th</sup> 2003 and March 27<sup>th</sup> & 28<sup>th</sup> 2004

Brent March 13<sup>th</sup> & 14<sup>th</sup> and May 8<sup>th</sup> & 9<sup>th</sup> **2004** 

Troutbeck Bridge, Cumbria March 22<sup>nd</sup> to 25<sup>th</sup> **2004** 

Hull (provisional) October 23<sup>rd</sup> & 24<sup>th</sup> and 30<sup>th</sup> & 31<sup>st</sup> **2004** 

### **Advanced Courses Teaching The Halliwick Concept**

Brent March 13<sup>th</sup> & 14<sup>th</sup> and May 8<sup>th</sup> & 9<sup>th</sup> **2004** 

Troutbeck Bridge, Cumbria July 12<sup>th</sup> to 15<sup>th</sup> **2004** 

For further information send a SAE to the Course Organiser

## For an update on Course availability, Publications etc.

Brent	Troutbeck Bridge	Hull	
Bob Chapman 46 Craven Gdns. Barking, Essex, IG11 OBN © 020 8252 4851 rob@chappers.karoo.co.uk	Melanie McEwan 7 Story Stones Eldwick, Bingley, West Yorks BD16 3GA © 01274 561544 Melanie.mcewan @friendsprovident.co.uk	Beryl Kelsey 59 Woldcarr Rd Hull, East Yorkshire HU3 6TR 101482 353547 kelsey@halliwickbk.karoo.co.uk	
Newcastle upon Tyne	Oxford		
Kim Peacock 40 St. George's Cres Whitley Bay Tyne and Wear NE25 8BL	Oxford OX3 7DN	For an update on Course availability, Publications etc. visit www.halliwick.org.uk	
<b>1</b> 0191 253 1692			