

HALLIWICK AST NATIONAL SWIMMING LEAGUE RULES

1. All Affiliated Clubs in the region shall be eligible to enter and these rules will apply.
2. The competition shall be in the form of swimming matches held between relay teams of two clubs taking part
3. This rule overrides Competition Laws: - each team shall consist of 3 Disabled Swimmers who may be Senior, Junior or Female Members.
4. Each Team entering shall swim on a "Home and Away" basis against all other Clubs competing. All races shall be swum on a timed-handicap basis as is mandatory in all Halliwick AST Competitions.
5. All races shall be swum on a timed-handicap basis as is customary in all Halliwick AST Competitions.
6. All Teams shall be ready to compete at the time stated by the "Home" Club.
7. All swimmers to start in the water. NO DIVING STARTS ALLOWED.
8. In the event of a cancelled swim, the Teams concerned must arrange a new date. Clubs must notify the League Secretary of any changes, ONLY TWO cancelled dates per match per Club to be allowed.
9. Point shall be awarded as follows: -

WINNING	-	4 Points
DEAD HEAT	-	3 Points to each team
LOSING	-	2 Points
DISQUALIFIED	-	0 Point
10. All results are to be recorded on a Bathside Record Sheets, by the Home Team and a copy sent to the Regional League Secretary.
11. On completion of all Matches, if the winning Teams tie with the same number of points, a swim-off at a neutral pool will take place.
12. The winning Club of each Regional League will qualify for the Finals to be held each year at the Halliwick AST National Swimming Championships.