



Reg'd Charity 250008

Halliwick AST Newsletter

May 2012

The Halliwick Association of Swimming Therapy in the UK

c/o ADKC Centre, Whitstable House, Silchester Road, London W10 6SB
Website: www.halliwick.org.uk

A message from the Chair

On Sunday 29th April we held our 2012 Annual General Meeting in Oxford at the Barton Leisure Centre, Waynflete Road, Headington, Oxford OX3 8GA, followed by the first meeting of the newly elected National Executive Committee.

At the AGM it was agreed that we will not increase Insurance Fees for 2013 - 2014, as we are only too aware of the financial problems that many clubs are experiencing in the present climate. The dates of the 2012 - 2013 National meetings were agreed upon & appear under 'Dates for your Diary' on page 2. **Keith Beer**, Chair ASTRA 15, stood down as Vice President and his valuable contribution over many years was acknowledged. **William Wyatt**, Chair of Halliwick Penguins SC was appointed.

For many years, one of the benefits that clubs get from affiliating to Halliwick AST is that they are exempt from having to pay a licence fee to PPL (use of music) when playing original music. (Tapes, CDs etc) on the bathside etc at their swim sessions. We have recently found that the law was amended in January 2010 so that Charities no longer exempt. If any club does do this, they must first check with their pool management that they are covered by the Pools own licence with PPL. If not, they will be in breach of the regulations, unless they purchase such a licence, which may cost as much as £106!!

Under 'Dates for your Diary' on **page 2**, there are more details of the Conference to be held over the weekend of 12th - 14th October entitled '**Swimming for People with Disabilities**' organised by the National Co-ordination Committee (NCC). The full programme of which, with Booking Forms, will appear on our website shortly. An updated version of our Publication Order Form is on pages 5 & 6.

Please feel free to contact me direct about anything in this Newsletter. If I don't have the answer, I am sure I can put you in contact with someone who does!

Patrick Hastings, National Chairperson

18 Thamesdale, London Colney, St Albans, Herts AL2 1TB Tel No: 01727- 825 524

See my *E-mail* address: patrick.hastings@btinternet.com

See page 2 for
'Dates for your
Diary 2012 - 2013

See page 3 for
appeal to HICs
and a report on the
recent Study Day

See page 4
for Dates of
Halliwick Training
Courses

See page 5 & 6 for
Updated Publications
Order Form
April 2012

DATES FOR YOUR DIARY - 2012 - 2013

Anyone is welcome to attend the AGM and meetings of the National Committees.
For venue details contact: patrick.hastings@btinternet.com

12 - 14th October - Conference - **'Swimming for People with Disabilities'**
organised by the National Co-ordination Committee (NCC) will be held at the
National School of Government, Sunningdale Park, Ascot, Berks SL5 0QE

The first 4 'Keynote' speakers on the 13th are all from Halliwick AST - UK namely:

Mandy Hudson - a member of Halliwick AST

"Disability Equality in Swimming delivered through the Social Model"

Ann Gresswell - a recognised IHA Halliwick Lecturer

"An introduction to Halliwick"

Jean-Pierre Maes - a recognised IHA Halliwick Lecturer

"Halliwick and Therapy in the context of children with Cerebral Palsy"

Emilie Leeks - a speech and language therapist & a Halliwick practitioner.

"Communication" **and we will have an Exhibition Stand**

Saturday - 8th Sept - Management - 11 am start at ADKC offices, London

Saturday, Oct 20th- this year, the **2012 National Swimming Championships**,
will be hosted by **Halliwick ASTRA 5 - Yorkshire** and will be held in Hull
more details will be posted on our website in due course

Sunday - 4th Nov - National Executive Committee Meeting - start 11 am at the
Barton Leisure Centre, Waynflete Road, Headington, Oxford OX3 8GA

Saturday - 19th Jan 2013 - Management - 11 am start at ADKC offices, London

Sunday - 28th April 2013 - AGM and National Executive meeting - start 11 am at
the Barton Leisure Centre, Waynflete Road, Headington, Oxford OX3 8GA

Halliwick Order Forms

For an updated version of the Publication Order Form - April 2012, see page 5
or visit our website at: <http://www.halliwick.org.uk/publications/orderforms/>

If this Newsletter has **not** been sent to the correct Club contact, it is important that
you contact Eric Dilley at the ADKC Office to give him the correct details so that
our records can be updated.

Dates & Venues of future Halliwick AST Training Courses on 'The Halliwick
Concept' in the **UK** appear on page 4 of this *Newsletter* and are also
regularly updated on our Website, as well as Overseas Courses.

Next Issue - Nov 2012 Copy to be received by early **Oct 2012**
Send direct to the Chairperson by post or e-mail! (see page 1)

Calling all holders of HIC (Halliwick Instructor Certificate) - Assessors Needed!

We want to update the address / contact list for people who have an HIC and are willing to be an assessor for a Green Badge. Please can you help?

Currently the list is just of everyone who has an HIC, but in many cases we don't have email or phone details or if there are happy to be asked to help in doing a badge assessment. What we want to create is a list of HIC holders with contact details and areas of the country they may be able to travel to, so when someone wants to be assessed we can provide an assessor able to do this. Expenses will be covered.

Please contact: Veronica Boys Education Secretary, Westcote Road, Streatham, London SW16 6BN vmb@rmwtooting.co.uk or tel 0208-769 4724

Open College Network (OCN)

Congratulations to the following people who have passed the Halliwick Instructors Certificate and gained 6 OCN credits:

Kieran Walsh - Fieldhead Hospital Wakefield

Nicola Tinkle - Stokesly Halliwick Group

Sheila Lambert - Immingham Orcas

Rosie Brister - St Luke's School Scunthorpe

Halliwick Study Day – Saturday April 28th - Claremont School, Bristol

On Saturday April 28th, 17 people attended a Halliwick Study Day in Bristol which included a varied programme of talks and pool sessions.

Pamela Galloway shared her experience of setting up a number of Halliwick groups in the Bath area including the involvement of parents and her success in obtaining funding. In a pool demonstration with some of the children, she showed how she applies Halliwick with individual children and with a mixed ability group.

Ann Thomson gave a presentation about Outcomes with particular reference to SWIM, Swim with Independent Measurement, the system based on the Ten Point Programme. It provides a very easy but graphic way of measuring & recording swimmers progress and has recently been validated by Katya Srsen, a research doctor and Halliwick lecturer in Slovenia for reliability including inter-rater reliability

Following a presentation about the new National Open College Network (OCN) accreditation for Halliwick courses and the requirements for the Halliwick Instructors Competency Certificate, participants were able to try out some of the sections of the SWIM assessment in the pool. This was also an opportunity to practice both their pool skills for their HIC and many found this very valuable.

Everyone who attended was very enthusiastic and, as much as the talks and pool sessions, they found the chance to meet other people using Halliwick and share experiences, was a valuable part of the day. It is planned to hold more Study Days in the future so keep your eyes open here and on the website for the next one.



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HALLIWICK ASSOCIATION OF SWIMMING THERAPY

TEACHING PEOPLE WITH DISABILITIES TO SWIM

INAUGURATED 1952

Registered Charity Number 250008

'the HALLIWICK ASSOCIATION OF SWIMMING THERAPY LOGO is a registered trademark'

C/o ADKC Centre, Whitstable House, Silchester Road, LONDON W10 6SB

www.halliwick.org.uk

Affiliated to International Halliwick Association (IHA)

Courses 2012 - **Cost £280** for each 4 day course

Foundation Course The Halliwick Concept - 4 days

The Foundation course is accredited by the Open College Network

| | |
|----------------------|---|
| Hull, East Yorkshire | November 10 th & 11 th and 17 th & 18 th 2012 2 weekends |
|----------------------|---|

Advanced Course Teaching the Halliwick Concept - 4 days

A pre-requisite for attending any of the Advanced Courses is that you need to have attended a Halliwick Foundation Course

| | |
|---------------------------|---|
| Stroud Gloucestershire | June 16 th & 17 th and 23 rd & 24 th 2 weekends |
| Harrogate Yorkshire | Tuesday 24 th to Friday 27 th July 2012 4 consecutive days Residential accommodation available for an extra charge |

Advanced Course in Paediatric Neurological Rehabilitation

| | |
|-------------------------|---|
| Stroud, Gloucestershire | Nov 26 th to 30 th 2012 5 consecutive days |
|-------------------------|---|

Cost £700 for this 5 day course

Application forms and posters can be downloaded from the web site or by email from the course organiser, see below or send a S.A.E. to the course organiser

| | |
|------------------|--|
| Hull & Harrogate | Gill Wilkinson, 97 Mill Falls Driffield East Yorkshire YO25 5AZ Tel: 01377 - 256 229 gill.will9x@tinyworld.co.uk |
| Stroud | Pamela Galloway -17 Baytree Road, Bath BA1 6BN Tel: 01225 - 337 555 pgalloway1@gmail.com |

Discounts **may** be given to people affiliated to Halliwick AST for a minimum of 2 years
'In house' courses can be arranged at your venue. One day introduction or Four day accredited course. Ask via the website for details.

For updated course information, publications etc. visit www.halliwick.org.uk



The Halliwick Association of Swimming Therapy

Publications Order Form – January 2012 (Revised)

Course venue(where applicable)

Some publications may be available in *LARGE PRINT* on request

* Also available as a free download from the website.

| RAINBOW SERIES | TITLES | Current edition | Cost | No. Req. | Total Cost |
|--|---|-----------------|------|----------|------------|
| | Assessment of Competence Certificates | 4 th | £5 | | £ |
| | Teaching and Testing Halliwick AST Proficiency Badges | 4 th | £5 | | £ |
| | Swimming Pool Safety <i>Guidelines on safety issues for Halliwick pool sessions</i> | 3 rd | £5 | | £ |
| | Information Pack for Clubs <i>Document for setting up and running a club</i> | 3 rd | £5 | | £ |
| | Guidelines for manual handling tasks at the swimming pool | 3 rd | £5 | | £ |
| * | Organisation Pack for Halliwick Foundation Courses | 5 th | £5 | | £ |
| | Safe to Swim. <i>Information for Clubs on Protection of Vulnerable People</i> | 3 rd | £5 | | £ |
| | Swimming Songs. <i>Songs to assist in teaching Halliwick</i> | 3 rd | £6 | | £ |
| | Swimming Games and Activities <i>Games and Activities to assist in teaching Halliwick</i> | 3 rd | £6 | | £ |
| | Gala Organisation Pack | 3 rd | £6 | | £ |
| | No Fear. <i>A self-help programme for people who want to overcome a fear of water</i> | 2 nd | £5 | | £ |
| | Swimming Pool Design - <i>Accessibility for all</i> | 2 nd | £5 | | £ |
| | Distance Learning Handbook for the Training of Assessors | 2 nd | £5 | | £ |
| | Programme Ideas for Pool Sessions | 2 nd | £6 | | £ |
| | S.W.I.M. Swimming with Independent Measurement <i>with DVD</i> | 2 nd | £6 | | £ |
| | Halliwick AST text book "Halliwick Swimming for Disabled People" 3 rd edition (2010) | 3 rd | £10 | | £ |
| LEAFLETS listed below are ONLY sold as sets of 10 for £1 i.e. a 'set' being one of each of these 10 leaflets | | | £1 | | £ |

| | |
|----|--|
| 1 | Working with young children using the Halliwick Method |
| 2 | A safer method of teaching swimming for people with severe learning disabilities |
| 3 | Teaching breath control to people with profound or multiple disabilities |
| 4 | Teaching swimming to people who are hearing impaired |
| 5 | Minimising dangerous behaviour at the swimming pool |
| 6 | Teaching swimming to people with severe learning difficulties |
| 7 | Guiding People who are Visually Impaired around the Pool Environment |
| 8 | Teaching swimming to people who are visually impaired using the Halliwick Method |
| 9 | Teaching Swimming for People with Multiple Sclerosis |
| 10 | Communicating with people with disabilities when using the Halliwick Concept |

Sub total to carry forward to next page £ _____

| | Sub total brought fwd | | | £ |
|---|--------------------------------|------|----------|------------|
| STATIONERY | Current Issue | Cost | No. Req. | Total Cost |
| * Halliwick Affiliation Forms (<i>highlight as required</i>) Club/Group / Individual / Overseas | | Free | | |
| * Benefits of Affiliation | 2005 | Free | | |
| * Halliwick AST Information Leaflet | 2005 | Free | | |
| * Halliwick AST Equipment Order form | 2005 | Free | | |
| Halliwick Record Books (Log Books) | 2007 | £1 | | £ |
| Halliwick AST Competition Laws | 2005 | £1 | | £ |
| DVDs: "Entries, Exits and Supports" | 1996 | £10 | | £ |
| "Activities on the Ten Point Programme" | 2006 | £10 | | £ |
| "Breath Taking" (<i>small revision made in 2006</i>) | 1988 | £10 | | £ |
| "Another kind of playground" | 1993 | £10 | | £ |
| "Water Free" (<i>of historical interest</i>) | 1975 | £10 | | £ |
| "Halliwick Method" (<i>of historical interest</i>) | 1970 | £10 | | £ |
| Scripts can be downloaded from the following webpage Also reviews to help you select the right video. http://www.halliwick.org.uk/publications/dvds/ | Total | | | £ |
| | add P&P (see below) | | | £ |

Above prices do not include the cost of P&P to Overseas

P&P to GB and N Ireland: For orders up to £10.00 add £3.00
For orders between £10.0 & £25.00 add £5.00
For orders over £25.00 add £7.00

Please ring round the method of payment:

by cheque OR electronic transfer

Final Total £ _____

Terms: **Complete this Order Form** and submit it to Halliwick AST Publications either **by e-mail OR** post it to them at the address as below, together with your cheque made payable to **Halliwick AST** or pay by electronic transfer (see a/c details below), Items will be sent once payment has been received. **For Overseas orders ONLY**, please **DO NOT** pay in the first instance. Send in your completed Order Form, showing an e-mail contact and we will then send an Invoice including the cost of P&P. You can then send your cheque to Centre 88 **making payment in £ Sterling** for the total cost, OR pay by electronic transfer as per our Bank details below, on receipt of which your order will be processed.

| | | | |
|---|--------------------|------------------|--|
| Send order to: | Deliver to: | | |
| Halliwick AST Publications Centre 88 Ltd, Saner Street Kingston upon Hull HU3 2TR England E mail: office@centre88.karoo.co.uk | Name | | |
| Account name:- Halliwick Association of Swimming Therapy | Address | | |
| Account Number:- 40123366 | | | |
| Bank & Branch Barclays, Kingsbury | City | Country | |
| Bank Code:- 20-29-37 | Post code | Contact's Tel No | |
| SWIFTBIC:- BARCGB22 | E-mail address: | | |
| IBAN No.:- GB23 BARC 2029 3740 123366 | | | |
| : | | | |

This Order Form is updated regularly; please make sure that you have the current version by visiting our website: <http://www.halliwick.org.uk/wp-content/uploads/2010/12/PubOrdForm20113.doc>
For all non-publication enquiries contact: c/o ADKC Centre Whitstable House, Silchester Road, London W10 6SB England

A completed Order Form MUST be sent in, otherwise the order WILL NOT be processed