

Halliwick AST

Newsletter

November 2012

The Halliwick Association of Swimming Therapy in the UK

c/o ADKC Centre, Whitstable House, Silchester Road, London W10 6SB Website: www.halliwick.org.uk

A message from the Chair

The 2012 National Swimming Championships, hosted by Halliwick ASTRA 5 - Yorks held on **Saturday, 20th** at the Ennerdale Leisure Centre, Hull were a great success. Congratulations to the host region who hosted these championships for the first time, and to all who took part, whether as Officials or Swimmers and for the support from the spectators. Halliwick ASTRA 5 were the overall winners of the 'Barnardo Trophy' for the winning region and the winners of the National League - Arthur Gunton Cup were Halliwick ASTRA 1 The full results appear on **page 9**.

What a Summer it has been, first the Olympics and then those fantastically inspiring Paralympics! Much of this *Newsletter* features articles, including photos, by those of our members and clubs who were involved in some way with these Paralympics. See **pages 4 to 8**. Unfortunately the photos will be in Black & White in printed copies, but if you visit our website you will see them in glorious **colour**!!"

On **page 2** there are brief tributes to two former club members, **Doris Vinten** of the Valiant Swimming Club in Strood, Kent - Halliwick ASTRA 2, and **George Male**, a founder member of **Borehamwood Otters SC** in Hertfordshire.

On a sad note, I have only just heard from Beryl Kelsey that she has only just discovered that **Danny Mahoney** died in April 2012 Danny was one of the original team of Halliwick lecturers who worked with Mac and Phyl MacMillan in the early days of the 1950s, when clubs were being formed in the London and the Home counties. See **pages 11 & 12** for memories of Danny and his work with Halliwick.

On **page 3** there is a report on the 2012 Gala of **Towy Salmon Swimming Club** of Halliwick ASTRA 15 - Wales.

As this is the last *Newsletter* of 2012, I wish you all a very Enjoyable and Happy Christmas and a Prosperous and Healthy New Year for 2013.

Please feel free to contact me <u>direct</u> about anything in this Newsletter. If I don't have the answer, I am sure I can put you in contact with someone who does!

Patrick Hastings, National Chairperson

18 Thamesdale, London Colney, St Albans, Herts AL2 1TB *Tel No:* 01727- 825 524 See my *E-mail address*: patrick.hastings@btinternet.com



See page 3 for report on the 2012 Gala of Towy Salmon SC

See page 4 to 8 for Paralympic memories
Page 10 for Training Courses

See page 9 for the 2012
National Gala
results

DATES FOR YOUR DIARY - 2013

Anyone is welcome to attend the AGM and meetings of the National Committees. For venue details contact: patrick.hastings@btinternet.com

Saturday - 19th Jan 2013 - Management - 11 am start at ADKC offices, London

Sunday - 28th April 2013 - AGM and National Executive meeting - start 11 am at the Barton Leisure Centre, Waynflete Road, Headington, Oxford OX3 8GA

After many years of poor health and a recent long illness, **Doris Vinten**, wife of David Vinten passed away in her sleep on the 21st of May aged 63. David Vinten was past Chairman of Halliwick ASTRA 2 and for many years Doris combined the jobs of Announcer and Recorder at Regional and National galas held in Halliwick ASTRA 2, before their move to Scotland. Doris was also a past member of The Valiant SC and an active committee member of Halliwick ASTRA 2. She is survived by her David, her husband, daughter and son and their 7 grandchildren and 4 great grandchildren.

It is with great personal sadness that I tell you of the death of **George Male** on 14th October, at the age of 93. For the last 4 years **he** has not enjoyed the best of health. However, up until 2 years ago when he had a stroke, he still turned up at the weekly swim sessions of the **Borehamwood Otters SC** of which he was a founder member in 1968 with his great friend **Anne Bence**, who died in April 2002. They were both great supporters and believers in Halliwick and our work and were also founder members of the now defunct **Halliwick ASTRA 11 - Hertfordshire**.

A new Publication is now available titled "Halliwick AST Policies and Procedures" and covers:

Our Constitution, Complaints/Grievance Procedure, Appeals Procedure relating to assessment of courses / awarding of certificates, Protection of Vulnerable Persons, Reproduction/Translation of Halliwick AST Materials, Risk assessment, Equal Opportunities Policy, Anti Bullying Policy, Policy on dealing with disruptive behaviour, Policy on physical contact, Volunteer Policy, Guidelines on the use of copyright, Travel and Subsistence Policy, Halliwick Association of Swimming Therapy Logo and Gift Aid Declaration. This publication is FREE to Halliwick affiliated clubs. See our website: http://www.halliwick.org.uk/publications/other-books-leaflets/

If this Newsletter has **not** been sent to the correct Club contact, it is important that you contact Eric Dilley at the ADKC Office to give him the correct details so that our records can be updated either by post OR e-mail: admin@adkc.org.uk

Dates & Venues of future Halliwick AST Training Courses on 'The Halliwick Concept' in the **UK** appear on <u>page 10</u> of this *Newsletter* and are also regularly updated on our Website, as well as <u>Overseas</u> Courses.

Next Issue - Feb 2012 Copy to be received by early <u>Jan 2013</u> Send direct to the Chairperson by post or e-mail! (see page 1)

TOWY SALMON SWIMMING CLUB GALA 2012

Towy Salmon Swimming Club, which is affiliated to the Halliwick ASTRA15 Region, is just about as far west as you can go in South Wales and we have sometimes felt to be out on a limb here in Carmarthenshire. The other clubs in our region are very experienced in running Galas in which we have participated for many years, but we have never felt able to hold one of our own. But in April 2012 (our 26th year) we took the plunge and with the considerable and much appreciated help of colleagues from other ASTRA15 clubs, we invited the other nine clubs to make the long trip west.

Over 100 swimmers competed with a total attendance pushing 250 and all were well accommodated in our Leisure Centre's new eight lane pool. This was a big event for us, for the Leisure Centre and for Carmarthen itself and we were very pleased and relieved that all went well. After the intense activity in the pool the rapacious appetites were satiated by a superb buffet in the main sports hall.

Prizes were awarded for the twelve individual events and two relays by Mayor the Rev. Tom Deifis, Brian Jones the Towy Salmon President and Lisa Pudner, Disability Sports Wales Development Officer for Carmarthenshire. Every participant received a certificate for competing and the shield for the overall winning club - "The Best in the West" went to Bedwas Penguins Team from Caerphilly by a slender margin ahead of the Rhondda Polar Bears.

Apart from the obvious satisfaction we derived from the enjoyment of the participants, the event produced very useful press coverage and promotion of our club activities. In addition we as a club gained from an event which brought so many of our members together and got everyone involved to work together for a common aim. We hope we can repeat it, so that this will become an annual event in the regional Galas programme.

John Hollies - Secretary, Towy Salmon Swimming Club.



Paralympic Swimming-Saturday, 1st September 2012

I was kindly given two tickets to attend the Paralympic Swimming finals on the evening of Saturday, 1st September, courtesy of the Royal Borough of Kensington and Chelsea. I was delighted to receive these tickets as I have been involved in teaching disabled swimming for many years!

I approached the day with some trepidation, worrying about the crowds and how easy it would be to get to the venue but it was so well organised that the getting there did not raise any problems and arriving early gave my partner and I an opportunity to have a quick look around the Olympic Park.

The experience was one that will live with me forever. It was an absolutely magical evening. Being used to disability swimming, it was NOT a surprise to see the guts and determination of all the swimmers taking part; it was NOT a surprise to see the camaraderie that existed between swimmers even in defeat; it was NOT a surprise to see the officials acting in such a proficient manner; it was NOT a surprise to see the support of every athlete from whatever country by an enormous and enthusiastic crowd and it was NOT a surprise to see every swimmer cheered to the finish line whether they were first or last. What did surprise me was the roar of the crowd when Ellie Simmonds pipped the American Victoria Arlen by 1 second to win the 400 metres Gold Medal. I have never heard anything like it and I have been to many high profile sporting events over the years. I was also surprised at the respect shown by the crowd to the winning swimmers National Anthems and I was surprised by the infectious gaiety of all of the Games Makers.

During the session that I attended, I lost count of the World and Paralympic records that were shattered. I did wonder if this was because the classification system that is used was at fault or was it that now that Paralympic Sport is much more known and accepted better swimmers are coming through. I would like to think it was the later.

I left the Olympic Park in a bit of a daze knowing that spectators had experienced some of the joyous feelings that I have experienced over many years albeit to a much higher level.

If you asked me to single out one thing to take home from the event as an everlasting memory it was that spirit of friendship between every swimmer regardless of placings in their respective races.

It was a 'once in a lifetime' experience. Thank you to the Royal Borough for allowing me the privilege of attending such an event.

Eric Dilley, Chairman, Kensington Emperors Swimming Club

More from a spectator's point of view

Usually the Paralympics have followed the Olympics, rather like a 'poor relation', but this year In London it appeared to be the reverse, the Olympics were the dress rehearsal for the Paralympics!

I was lucky enough to be invited to attend the Paralympics Service at St Paul's Cathedral on Sunday, 26th August. I even had a front seat! Although the Clergy were present, the prayers, readings and address were all given by people with Disabilities; Dame Tanni Grey-Thompson gave an excellent address. The Senior Choir at St Pauls led the hymns, but a Junior Choir consisting of about 40 disabled children contributed to the music. During the service Wheelchair Netball was played by an Under 22 team; the action taking place in front of the altar. Before and during the Service, many wheelchair activities were demonstrated in the North and South aisles. Everyone was so interested that it was difficult to persuade people to go home afterwards!

On 3rd September I was invited to the Excel Centre by my host Professor Vite, a friend from Halliwick Slovenia, and was sent tickets in the post for the day's events.

I was very impressed by both the Army and the Volunteers in purple shirts As I came out of the Customs' House DLR, a wheelchair materialised and I found myself being pushed to the Excel Centre; the look of surprise on the face of Professor Vute's face was very amusing. At the end of the day I returned to the station by wheelchair.

In the morning we watched Sitting Volley Ball and in the afternoon, Boccia, a type of Bowls adapted for people in wheelchairs. One profoundly disabled Canadian, who had no arms below the elbow and no legs below the knee, succeeded to throw the ball via his head!

Both the London 2012 Olympics and the Paralympics were a great success to the credit of Great Britain.

Dr Joan Martin MBE - President of Halliwick AST-UK

Over 3 days I attended swimming, athletics, boccia, table tennis, wheelchair fencing and sitting volleyball. I enjoyed watching all of them, but the most exciting and entertaining was sitting volleyball. When there were 2 teams from overseas and with few supporters, the spectators were asked to choose a side. We all cheered 'our' side on as enthusiastically if they had really been the home team. Also the spectators were having a competition with officials. At each break the aim was to complete three Mexican waves round the arena before the proceedings recommenced. We never managed it, but it was fun trying.

The manual handling at the poolside left something to be desired. Two helpers dragged one chap out of the pool by his arms; then an arm and a leg each and into a chair. It took me back 40 years!

There were plenty of free things to do in the park in-between arena events, and when the legs gave out, there was always the giant screen to watch.

I was most impressed by the excellent organisation in the park; they had thought of everything, even down to supplying free large plastic union jacks for people sitting on the grass to watch the entertainments. The staff, volunteers and spectators were all so friendly, it made for a real party atmosphere and a very enjoyable 3 days.

Beryl Kelsey- Halliwick ASTRA 5 -Yorkshire

I had the honour of carrying the Paralympic Torch on the day of the opening of the Paralympic Games, Wednesday, 29th August 2012. I was put forward by someone in my village who knew of my work with the Oxford Swans Swimming Club and my lecturing in the UK and abroad about Halliwick.

The flame started its journey from Stoke Mandeville, Aylesbury (where the Paralympics started) to London and then went on to the Olympic stadium. I had a slot in London in the inner City area, at Holborn Viaduct, and ran with a team of 5, including a young lady in a wheelchair. We all ran for ½ a mile but actually carried the lit torch for just a 1/5th of that (176 metres to be precise!). It was a great experience and I was cheered on by my family and friends, including 2 members of the Swans Swimming Club. I really enjoyed seeing how excited everyone seemed to be by the event - even people who hadn't come out specifically to watch but were on their way to or from work were smiling and waving as we travelled on the bus to our starting point for the relay.

What a great opportunity it has been to see disabled athletes perform at a very high level and great that so many people have been so enthusiastic about the Paralympic Games.





What a memorable experience, carrying the Torch in the Paralympic Torch Relay. I was extremely honoured to be nominated by the parents of the disabled children I teach to swim in my sessions in Bath, but then to be chosen as one of the Torchbearers after that was even more exciting. Then to hear that I would be part of the 24 hour Relay from Stoke Mandeville to London was something special, but little did I think I would be carrying the Torch along Regent Street in the centre of London in the middle of the day. By the time the Flame reached us at Oxford Circus, the crowds were absolutely phenomenal and the atmosphere was incredible. Striding down Regent Street carrying a Paralympic Torch was such a proud moment - and then to hand the Flame on to Dame Tanni Grey-Thompson was just the icing on the cake! It doesn't come any better than that!

The media coverage of the Torch Relay and the Paralympic Games themselves have been phenomenal and has already raised the profile of disability enormously, as well what is possible in the way of sport for the disabled, and swimming in particular. Contrast this with the 1970s when I was fortunate enough to be a physiotherapist at Stoke Mandeville and was involved in helping with the Stoke Mandeville Games. In those days, we barely saw a photographer from the local paper, let alone a TV camera!

Since the Paralympics, I have had numerous requests to bring the Torch into school assemblies and group meetings locally and it has been really fantastic to see the interest & excitement it creates, and I have also been further amazed, and delighted, by how many people, especially children, had been to the Paralympics and were so knowledgeable about so many of the sports and the athletes. Let's hope this interest in sport for the disabled continues and grows.

Pamela Galloway - Chair of Halliwick ASTRA 10



Our club Humbledon SC in Sunderland is part of Humbledon Outdoor Activities Association and the canoeists carried the Paralympic Lantern through York.

Several of our members had the opportunity to take part in the nation-wide relay leading up to the Paralympic Games. They set off for York expecting an ordinary canoe trip but it turned out to be an amazing experience. The canoeists found themselves carrying the Paralympic lantern at the head of a procession of two hundred boats.

Paula Wick and Paul Henderson, two of the longest serving Humbledon members, were given the honour of paddling the lead canoe that carried the Paralympic lantern. They had to paddle the lantern two miles along the River Ouse and then pass it on for the next stage in it's journey to London

There were escorted along the river by five other Humbledon crews as well as many of their friends from York Canoe Club. Behind them followed a line of boats of all shapes and sizes that stretched for miles up the river. Many of the craft were specially decorated and there was even a floating car.

All along the way they were given a rapturous reception by a continuous line of well wishers along both sides of the River Ouse. There were also crowds of people cheering and applauding on all the bridges. It was a great sight and a great occasion which they will never forget and a great way for them all to get into the spirit of the Paralympic Games. Then in the evening our canoeists were shown in action on the Northern region television news.

Canoeists taking part included Paula Wick, Paul Henderson, Alan Burlinson, Tony Hylton, Adrian Moore, David Wilson, Gareth McCone, Phil Puckrin and Dave Thompson from Humbledon SC..



Chris May (HOAA canoe instructor) holds the Paralympic lantern surrounded by Humbledon paddlers and their supporters



Waiting to start at the Blue Bridge in York



Through Lendal Bridge in York. Look at the crowds

Results of the 43rd National Championships held on Saturday, 20th October 2012 at the Ennerdale Leisure Centre, Hull - hosted by Halliwick ASTRA 5 -Yorkshire Competitors taking part from:

Halliwick ASTRA 1 (Greater London, North of River Thames)

Halliwick ASTRA 2 (Greater London, South of River Thames with Kent, Surrey and Sussex)

Halliwick ASTRA 5 (Yorkshire)

Halliwick ASTRA 8 (Cheshire, Staffordshire & Shropshire)

First	Second	Third		
National Swimming League final: Arthur Gunton Cup				
ASTRA 1	ASTRA 8	ASTRA 2		
Girls 1 length - 25ms: Halliwick Cup				
Emily Hayton *5	Amy Halfpenny *8	Dahria Hall *1		
Boys 1 length - 25ms: Swimmers Cup				
Shane Gunesh *1	Ben Brown *8	Mitchell Reynolds *5		
Ladies 1 length - 25ms: Beryl Miller Cup				
Jenny Tarry *8	Jennie Marsden *2	Anne Crouch *1		
Men's 1 length - 25ms: London Transport Revenue Cup				
Oliver Peace *5	John Andrews *1	Andrew Mullinar *8		
Girls 2	lengths - 50ms: ASTRA	Fifteen Cup		
Dahria Hall *1	Sophie Carter *5			
Boy	s 2 lengths - 50ms: Keyh	aven Cup		
Shane Gunesh *1	Curtis Reid *8	Cavan Saltmer *5		
Ladies 2 lengths - 50ms: Olive Lee Memorial Cup				
Sarah Shutt *5	Collette McEvoy *2	Anne Crouch *1		
Men's 2 lengths - 50ms: George Lyons Cup				
Ben Goldberg *2	Neil Jones *8	Gavin Shaw *5		
Girls Championship- 100ms: HPSC Silver Jubilee Cup				
Amy Halfpenny *8	Sophie Carter *5			
Boys Championship - 100ms: Phyl McMillan Cup				
Ben Triner *8	Ben Nicholls *5	Zein Field *1		
Ladies Championship - 100ms: Derek Burnard Cup				
Sarah Galloway *2	Brenda Morton *5	Eva Salisch *1		
Men's Championship - 100ms: HPSC Celebration Cup				
Martin Hennessy *1	Ben Goldberg *2	Martin Wells *5		
Junior 4 x 1 Relay: Halliwick AST National Cup				
ASTRA 1	ASTRA 5	ASTRA 8		
Senior 4 x 1 Relay: Nellie Sims Cup				
ASTRA 5	ASTRA 2	ASTRA 8		

CHAMPION ASTRA and <u>winner of the Barnardo Cup</u>: ASTRA **5** - 47 points <u>Second</u>: ASTRA **1** - 40 points <u>Third</u>: ASTRA **8** - 37 points <u>Fourth</u>: ASTRA **2** - 25 points

HALLIWICK ASSOCIATION OF SWIMMING THERAPY



TEACHING PEOPLE WITH DISABILITIES TO SWIM

INAUGURATED 1952 Registered Charity Number 250008
'the HALLIWICK ASSOCIATION OF SWIMMING THERAPY LOGO is a registered trademark'
C/o ADKC Centre, Whitstable House, Silchester Road, LONDON W10 6SB

www.halliwick.org.uk
Affiliated to International Halliwick Association (IHA)

Courses 2012 - Cost £280 for each 4 day course

Foundation Course The Halliwick Concept - 4 days The Foundation course is accredited by the Open College Network

Hull, East Yorkshire	November 10 th & 11 th and 17 th & 18 th 2012 - 2 weekends

Advanced Course in Paediatric Neurological Rehabilitation

Stroud, Gloucestershire	Nov 26 th to 30 th 2012	5 consecutive days	
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Cost £700 for this 5 day course Proposed Courses 2013

Foundation Course - The Halliwick Concept - 4 days (accredited by the Open College Network)

London – Spring; Hull – Spring and Autumn. Dates to be arranged

Advanced Course – Teaching the Halliwick Concept – 4 days

Hull – date to be arranged

Application forms and posters can be downloaded from the web site **or** by email from the course organiser, see below **or** send a S.A.E. to the course organiser below

Hull & Harrogate	Gill Wilkinson, 97 Mill Falls Driffield East Yorkshire YO25 5AZ	
	Tel: 01377 - 256 229 gill.will9x@tinyworld.co.uk	
Stroud	Pamela Galloway -17 Baytree Road, Bath BA1 6BN	
	Tel: 01225 - 337 555 pgalloway1@gmail.com	

Discounts may be given to people affiliated to Halliwick AST for a minimum of 2 years 'In house' courses can be arranged at your venue. One day introduction or Four day accredited course. Ask via the website for details.

For updated course information, publications etc. visit www.halliwick.org.uk

Here follow comments that people have contributed about the late Danny Mahoney.

At Enterprise SC, Croydon - in the late 1950s he was a 'visiting instructor who took their young volunteers and taught the Halliwick Method. He was excellent in both theory and practice. He was definitely a good instructor, understanding Mac's principles and had the ability to inspire the swimmers and instructors to gain confidence and make progress in the water. In his day-to-day work, was an ASA Swimming Tutor in various London Borough pools including the Swiss Cottage Pool in Camden.

Beryl Kelsey told me that Danny wrote and produced our first video 'Breath Taking'. She worked very closely with him on getting the Foundation Course pool work down on paper for the first time and learned a lot from him. In the last few years of his life his health began to deteriorate and suffered from Lung Cancer, followed by a stroke.

Memories of Danny Mahoney by Dr Joan Martin MBE, our President.

Danny was quite the best Halliwick lecturer and Water demonstrator we have ever had in Halliwick. He had the gift of making the physics of the Halliwick Concept easily understood. Illustrating his lectures with amazing drawings, in the Rolf Harris style.

Danny could be a 'one man band' or work with a team. He and the late Pamela Harris worked well together. Unfortunately Danny was not able to overcome his love of smoking, which caused many health problems in his final years.

Danny was an inspiration to the newly formed Halliwick Club, the Oxford Swans. A few of us met him when he was lecturing on the Halliwick Basic Course in Brent, way back in the 1970s and he came to stay for many weekends in Oxford with myself and my family.

Swans instructors learnt so much from Danny about Halliwick and his training sessions in the water were informative and always great fun. He gave us lots of ideas for teaching new swimmers but he also had brilliant ideas for the more advanced swimmers - I specially remember a session on teaching swimming strokes while singing, to get the rhythm correct for the stroke.

He was a very special Halliwickian.

Ann Gresswell - Chief Instructor Oxford Swans

Memories of Danny Mahoney from Mary Arrigan-Langan

Octopus Swimming Club, Halliwick Ireland and formerly ASTRA 14

I first met Danny in 1981 when he and Derek Moran came to Limerick, Ireland to present the first Halliwick course in Ireland. I subsequently met him when I attended many other courses throughout the '80s. Many of these courses were residential and the course participants used to socialise together in the evenings. So I feel I got to know Danny both as a tutor and in his relaxing time.

Danny was a wonderful teacher - knowledgeable, expressive and dedicated. He is the person who comes to mind for me if I am asked to think of an example of a great teacher.

On the social scene Danny was a great entertainer. He loved to show off - telling stories with expressive demonstrations. One evening we went to a medieval banquet in Bunratty Castle, County Clare - Danny was nominated to be the "Earl of Thomond" for the event. He was dressed in period costume and fully fulfilled his part by making statements throughout the meal; he even had to accuse a man of treason and have him thrown in the dungeon. When the man pleaded leniency Danny demanded that the man sing for his release.

It was Danny who encouraged me to go forward as a Halliwick lecturer. He suggested that I start by presenting a lecture under full supervision on the courses he was giving in Ireland. And that is how I initially developed my presentation skills.

His Halliwick water-work was superb. I delight each time I see his swimmer perform a somersault with the support of one finger in the film "Water Free". I heard that his health had failed over the last few years and I am saddened to hear he has died. May he rest in Peace.

The late Danny Mahoney Obituary remembered by Tom Brown - Scampi SC

Danny was a member of Enterprise Swimming Club in Croydon, who with Pam Harris, Nora and Norman started Scampi (they swim in a funny way) Swimming Club in 1961 after the presentation of a "Mr Pastry" pool to Coombe Farm residential Spastics Society Centre. Bobby McHugo was one of his early recruits through the local Roman Catholic church and I was recruited around 1963.

Danny's qualifications were ASA Advanced, STA and Lucas Tooth trampoline tutor. He was a swimming tutor in public baths and private tuition and schools groups and in later years did dedicated water work with <u>Jacqueline Du Pre</u> using Halliwick principles to help her cope with the effects of Multiple Sclerosis.

He adhered to Mac's "strawberry runner" principle, putting down roots for a club, training and handing over and moving on to start another. First Scampi SC, followed by Conquest SC, Valiant SC, Vallance School and another in Camden Town.

He was invited by 'Mac' to be a member of the first Halliwick National Education Committee of which other members included Dr Joan Martin and Margaret Reid. 'Mac' spent one evening a week over three months at Joan's flat hammering his principles into us, prior to going to Switzerland and made the members "custodians" of the Halliwick Method. We formed teams of 2 or 3 running courses on a voluntary basis as and wherever needed. With other members of the team, Danny travelled to Northern Ireland, Scotland, Wales, the Midlands including Birmingham and Oxford, south to Exeter and east to Kings Lynn, as well as the regular Training course at Brent and numerous courses across Greater London.

He was the original Secretary of the National Education Committee, gave unstintingly of his time and knowledge, particularly working with children and addressing all sorts of problems presented by physical disability and mental health problems. The term "learning disability" was yet to be used. He produced many of the visualisations of 'Mac's' principles, many of which still feature in the standard training presentations on PowerPoint today.

When the prospect of a film to follow "Halliwick Method" made in Sweden, was first discussed he provided the first tranche of scenarios for discussion, many of which made it through to the final cut. Both for the film "Water Free" and in subsequent courses and learning, he was at the forefront of teaching us how to use games in a practical and accessible way.

As a boy he had wanted to be a vet, but his school was not the right springboard and the teachers just laughed at his ambitions. As a National Service man he served in Korea and Japan and I think he originally came from an army family.

Unfortunately, he later fell out with Mac when it became the norm to give named credits. He stuck to what we all believed to have been Mac's original principles, that we worked as a team to a common end & there was no need for qualifications, titles or even surnames; he was a true believer in equality.