

**Results of the 44th National Championships hosted by Halliwick ASTRA 1
held on Saturday, October 19th 2013 at Southgate Leisure Centre. Winchmore Hill Road,
Southgate, London N14 6AD. Regions taking part from:**

- Halliwick ASTRA 1 (Greater London, North of River Thames)
 Halliwick ASTRA 2 (Greater London, South of River Thames with Kent, Surrey and Sussex)
 Halliwick ASTRA 5 (Yorkshire)
 Halliwick ASTRA 8 (Cheshire, Staffordshire & Shropshire)

First	Second	Third
National Swimming League final : Arthur Gunton Cup		
ASTRA 1	ASTRA 8	ASTRA 2
Girls 1 length - 33.3ms: Halliwick Cup		
Isabel Steggles *2	Amy Halfpenny *8	Maria Leung *1
Boys 1 length - 33.3ms: Swimmers Cup		
Nial Volam *8	Michael Simm *5	Patrick Sauders *1
Ladies 1 length - 33.3ms: Beryl Miller Cup		
Sue Bonker *5	Sarah Galloway *2	Louisa De Rosario *1
Men's 1 length - 33.3ms: London Transport Revenue Cup		
Tom Eckersley *8	Oliver Peace *5	Gary Genender *1
Girls 2 lengths - 66.6ms: ASTRA Fifteen Cup		
Sophie Carter *5	Isabel Heath *2	
Boys 2 lengths - 66.6ms: Keyhaven Cup		
Shane Gunesh *1	Thomas Radding *5	Connor O'Flaherty *8
Ladies 2 lengths - 66.6ms: Olive Lee Memorial Cup		
Anne Crouch *1	Beverley Stoddart *8	Sandra Howe *5
Men's 2 lengths - 66.6ms: George Lyons Cup		
Ben Nicholls *5	Daren Crouch *1	Ben Goldberg *2
Girls Championship- 100ms: HPSC Silver Jubilee Cup		
Sophie Carter *5	Amy Halfpenny *8	Rachel Hopkins * 2
Boys Championship - 100ms: Phyl McMillan Cup		
Benjami Adjei *1	Brandon Halfpenny *8	Ashley Carven *5
Ladies Championship - 100ms: Derek Burnard Cup		
Emily Hayton *5	Lyn Lucas *8	Anne Crouch *1
Men's Championship - 100ms: HPSC Celebration Cup		
Martin Hennessy *1	Jonathan Harrison *8	Martin Wells *5
Junior 4 x 1 Relay: Halliwick AST National Cup		
ASTRA 2	ASTRA 8	ASTRA 5
Senior 4 x 1 Relay: Nellie Sims Cup		
ASTRA 8	ASTRA 1	ASTRA 5

CHAMPION ASTRAs and Joint Winners of the Barnardo Cup: ASTRA 5 & 8 - 43 points
Third: ASTRA 1 - 37 points Fourth: ASTRA 2 - 31 points