



Halliwick AST Newsletter November 2017

PROMOTING SWIMMING FOR DISABLED PEOPLE
USING THE HALLIWICK CONCEPT

Message from the Chair ...

By Will Wyatt



Welcome to the November 2017 edition of the Halliwick AST Newsletter.

I am delighted that finally, this edition of the Halliwick AST Newsletter is out! I am very sorry that it has been some time since we have produced a newsletter but, largely because we have been so busy, it has not been possible to get a newsletter published before now; we will try to do better in 2018!

There is lots of information in this newsletter for you to read and I won't repeat it all here, but I would just like to draw t attention to our **SPECIAL EVENT** which we are planning for **Saturday, 12th May 2018**. More information appears on **page 6** of this newsletter and on our website, where we have created a dedicated page to the event

(<https://halliwick.org.uk/affiliation/halliwick-special-event-12-may-2018-london/>). The page will be updated as details are confirmed. For now, the event will be on **Saturday, 12th May 2018** and in **London**. We would love as many as possible to attend so, if you are interested, please do email me at halliwickast.chair@gmail.com. I would love to hear from you!

I do hope you enjoy this newsletter and find it useful. If you have anything that you would like to be considered for inclusion in our next newsletter (hopefully to be published in spring 2018) then do contact me on the email address above.

In closing, I will probably be among the first to wish you a very Merry Christmas and a happy and prosperous New Year! I hope to see many of you at the special event on 12th May 2018 when I am sure we will have a fun and productive day, doing and talking about all things 'Halliwick'! Until then, keep swimming!

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Halliwick AST

National Championships 2017 ...

Photographs courtesy of Steve Peace



What a fun afternoon we had at this year's national championships, hosted by Halliwick ASTRA 1 in Southgate, North London on 14th October 2017!

We were delighted to welcome the Deputy Mayor of Enfield, Cllr. Doris Jiagge, to the event to present trophies and medals.

4 Halliwick ASTRAs (regions) took part: Halliwick ASTRA 1 (Greater London—North of the River Thames); Halliwick ASTRA 2 (Greater London—South of the River Thames, Kent Surrey and Sussex); Halliwick ASTRA 5 (Yorkshire); and Halliwick ASTRA 8 (Cheshire, Staffordshire and Shropshire).

It was great to see so many take part and swim so well.

Final placing was as follows:
Halliwick ASTRA 5 (45 points);
Halliwick ASTRA 1 (44 points);
Halliwick ASTRA 2 (40 points);
Halliwick ASTRA 8 (30 points).

That means that this year's national champions are **Halliwick ASTRA 5** and their team received the **Barnardo Trophy**.

Congratulations to Halliwick ASTRA 5 in what was an exciting afternoon of swimming!

There are lots of photographs of the event on our website at <https://halliwick.org.uk/2017/10/20/photos-of-the-halliwick-ast-national-championships-2017/> and results by race are shown on the next page ...



Here are the results, by race ...

Girls' 1 Length			
1st—Liza Mutabazi (1)	2nd—Sophie Carter (5)	3rd—Erin Yoxall (8)	4th—Charlotte Phillips (2)
Boys' 1 Length			
1st—Joshua Halls (2)	2nd—Darius Anastasia (1)	3rd—Ewan Bowlam (8)	4th—Tyler Thundercliffe (5)
Ladies' 1 Length			
1st Sarah Shutt (5)	2nd—Colette McEvoy (2)	3rd—Lizzie Waite (8)	4th – Eva Salisch (1)
Men's 1 Length			
1st—Oliver Daly (8)	2nd—Jack Woods (2)	3rd—Oliver Peace (5)	4th—Damon Bentley (1)
Girls' 2 Lengths			
1st—Harriet Bielby (5)	2nd—Vanshi Gunesh (1)	3rd—Rosie Borowski (8)	4th – Kiera McNary (2)
Boys' 2 Lengths			
1st—Connor Page (2)	2nd—Daniel Kelsey (5)	3rd—Joe Chapman (1)	4th – Declan Bowlam (8)
Ladies' 2 Lengths			
1st—Mandy Dunne (8)	2nd—Nina Joannou (1)	3rd—Sarah Shutt (5)	4th—Sarah Casey (2)
Men's 2 Lengths			
1st—Martin Hennessy (1)	2nd—Ben Nicholls (5)	3rd—Nyall Bowlam (8)	4th—Ben Summers (2)
Girls' Championship			
1st—Sophie Carter (5)	2nd—Kiera McNary (2)	3rd—Liza Mutabazi (1)	4th—Hollie Cooke (8)
Boys' Championship			
1st—Connor Page (2)	2nd—Thomas Raddings (5)	3rd—Joe Chapman (1)	4th—Kai Turner (8)
Ladies' Championship			
1st—Charlotte Firth (5)	2nd—Nicola Chinn (2)	3rd—Maria Leung (1)	
Men's Championship			
1st—Michael Simm (5)	2nd—Stephen Crouch (1)	3rd—Ben Goldberg (2)	4th—Jonathan Shaw (8)
Junior Relay			
1st—Darius/Liza/Vanshi/Joe (1)	2nd—Daniel/Tyler/ Sophie/Thomas (5)	3rd—Erin/Zach/Ethan/Joshua (8)	4 th –Charlotte/Joshua/ Grace/Connor (2)
Senior Relay			
1st—Cullen/Colette/Luke/Ben (2)	2nd—Maria/Eva/ Liam/Martin (1)	3rd—Paul/Sean/Mark/Tracey (8)	4th—Oliver/Ben/ Martin/Michael (5)
League Final 2017			
1st—Damon/Anne/Darren (1)	2nd—Oliver/Charlotte/ Martin (5)	3rd – Grace/Kiera/Connor (2)	4th—Paul/Sean/Mark (8)

Well done everybody!

News of Our Committees ...

Since our newsletter in November 2016, the Executive Committee of Halliwick AST has met a few times, in January, April and September 2017. The Annual General Meeting of the association also took place in April 2017. The Education Committee and the Publications Committee of Halliwick AST have also met.

Pictured are some of the Education Committee that met earlier this year at Arnos Pool, the original home of Halliwick!



Here are some of the highlights of our meetings and some of what we have been up to:

- We have spent quite a bit of time thinking about and planning our big Halliwick Event on 12th May 2018 and we hope that as many as possible will attend the day-long event which will cover key areas of interest to those in Halliwick clubs (see flyer on [page 6](#) of this newsletter and visit our website at <https://halliwick.org.uk/affiliation/halliwick-special-event-12-may-2018-london/>)
- We have been working hard on data protection issues and continue to do so.
- We have been working hard on the national championships which were held on 14th October 2017 (see [pages 2 & 3](#) of this newsletter). We are now looking forward to the national championships to be held in October 2018 and further information on that will be published as soon as it is available.
- We are looking into the possibility of running a course on race-time-coordinating for galas/swimming competitions. If this is something that would interest you, then please contact halliwickast.chair@gmail.com. If there is a demand for this, we will look to organise it.
- We have been working closely with the International Halliwick Association (IHA) (www.halliwick.org) with whom we are affiliated, and many of us attended the IHA's general meeting and conference in Slovenia earlier this year and had a fun and productive time.
- As well as doing a great deal of work several other publications, the Publications Committee have updated the publications and equipment order form (which is now 1 document instead of 2) and this can be downloaded via this page of our website: <https://halliwick.org.uk/resources-for-halliwick-ast/publications-2/>. We produce several publications on all things 'Halliwick' and these are regularly updated so please do take a look at the publications section of our website for anything that may be of interest to you.

Dates for Your Diary ...

Saturday 20th January 2018 – National Executive Committee Meeting – London

Saturday 28th April 2018 – Annual General Meeting and National Executive Committee Meeting – London

Saturday 12th May 2018 – Halliwick Special Event – London (see flyer on [page 6](#) of this newsletter and visit our website at <https://halliwick.org.uk/affiliation/halliwick-special-event-12-may-2018-london/>)

Saturday 22nd September 2018 – National Executive Committee Meeting – London

Everyone is welcome to attend Executive Committee Meetings and the AGM
Email halliwickast.chair@gmail.com for time and venue details

Upcoming Halliwick AST Courses ...

There are a few upcoming Halliwick AST Courses available at the moment so don't forget to book your place! Discounts to course fees may be available for those affiliated to Halliwick AST for more than 2 years.

Foundation Course – Hull, UK

February 2018 – 4-day course – Cost per participant £400-00

See <https://halliwick.org.uk/2017/10/18/hull-foundation-course-announced-2/> or email gill.willgx@btinternet.com for further information.

Foundation Course – York, UK

August 2018 – 4-day Course – Cost per participant £400-00

See <https://halliwick.org.uk/2017/10/18/york-foundation-course-announced/> or email gill.willgx@btinternet.com for further information.

Advanced Course (Applying and Teaching Halliwick Skills) – York, UK

August 2018 – 4-day course – Cost per participant £400-00

See <https://halliwick.org.uk/2017/10/18/advanced-course-teaching-applying-halliwick-skills-announced-2/> or email gill.willgx@btinternet.com for further information.

It is hoped that further courses will be available soon so check our website at <http://halliwick.org.uk/courses-training/> for the latest information and updates on courses and training.

Many Congratulations, Beryl ...

Very many congratulations Beryl, from us all. Earlier this year, Beryl Kelsey (of Halliwick ASTRA 5 and a Senior Halliwick Lecturer) was awarded a Lifetime Achievement Award by Humber Disability Sports Awards and also won the evening's top award, The Champion of Champions, all for services to disability sports. Well deserved! Beryl is pictured here with her son, Simon.



Halliwick
AST

C/o ADKC
Whitstable House
Silchester Road
London
W10 6SB, UK

(correspondence address
only)

Contact Us ...



- Email us at halliwickast.chair@gmail.com
- Like us on Facebook at www.facebook.com/HalliwickUK
- Follow us on Twitter at [@HalliwickUK](https://twitter.com/HalliwickUK)
- Visit us at www.halliwick.org.uk

The Halliwick Association of Swimming Therapy is a registered charity with the Charity Commission of England and Wales, charity number **250008**.

Stop Press! – Halliwick Special Event ...



LONDON, SATURDAY 12 MAY 2018

HALLIWICK SPECIAL EVENT

Sharing Best Practice and New Ideas for Halliwick

This special one-day event will cover key areas of interest to Halliwick clubs, including:

- ④ Communication/managing challenging behavior
- ④ Managing swimmers with autism in the pool
- ④ A Ten-Point Programme update and activities
 - ④ Club management issues
 - ④ The future of Halliwick



**Limited Places –
Register Early**

**Reimbursement
available for up to
2 attendees per
member club**

**Lunch and
refreshments
provided**

**Meet & network
with fellow
Halliwick
enthusiasts!**

For the latest information
& event agenda, visit:

www.halliwick.live or
www.halliwick.org.uk

To find out more contact halliwickast.chair@gmail.com