



# HALLIWICK AST

NEWSLETTER  
MARCH 2019

## *PROMOTING SWIMMING FOR DISABLED PEOPLE USING THE HALLIWICK CONCEPT*

### Message from the Chair ...

By Will Wyatt

## Welcome to the March 2019 edition of the Halliwick AST Newsletter.

Well, I am embarrassed to say that it has taken a while to produce this edition of our newsletter and I am very sorry about that. It's all been very busy here, so for now, we're producing this 'short-form' newsletter to keep you up-to-date. There will be a fuller newsletter produced in the months to come ...

Believe it or not, Halliwick is now 70 years old! It was in 1949 that James (aka 'Mac') and Phyl McMillan had the bright idea to develop swimming for disabled people and, from its humble beginnings in the UK 70 years ago, Halliwick is now world-wide and still going strong! To read all about how it all began, go to our website at [halliwick.org.uk/about-halliwick-ast/the-halliwick-story/](http://halliwick.org.uk/about-halliwick-ast/the-halliwick-story/). It's a very interesting read!



### A special resource for Halliwick AST affiliates ...

We have been updating our website and there is now a dedicated section accessed at the top of our website homepage under [halliwick.org.uk/restricted/](http://halliwick.org.uk/restricted/) for Halliwick AST affiliates. It has lots of information in it for clubs and groups although is still and work in progress, and we will be adding to the information as time goes on. You will need a password to get into this section of our website which is available to Halliwick AST affiliates. If you do affiliate to Halliwick AST and would like the password then please email [halliwickast.chair@gmail.com](mailto:halliwickast.chair@gmail.com).

# Halliwick AST Annual General Meeting ...

It is important that as many members as possible attend the annual general meeting (AGM) of Halliwick AST ...

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***Date: Sunday, 7th April 2019***

***Time: 11 am***

***Venue: ADKC Centre – address on page 4 of this newsletter***

This is the main annual meeting of the association and it is where important decisions are reached on how, and by whom the association is run, and what work the association does.

It is your chance to have your say!

Ideally, each region of the association should have at least 2 people attend as representatives. If you are not sure which region of the association you are in, then take a look at our website at [halliwick.org.uk/contact-us/halliwick-astras/](http://halliwick.org.uk/contact-us/halliwick-astras/). **We really need your help to continue the work of the association** and attending the AGM of the association is one way that you could start to get involved.

To help you in attending, we will reimburse reasonable travelling expenses of up to 2 attendees from each region. There will also be lunch and refreshments provided at the meeting.

We need to know if you are attending **as soon as possible** so that we can cater accordingly. Please email Eric Dilley, our acting secretary, at [majeleric@blueyonder.co.uk](mailto:majeleric@blueyonder.co.uk). He will also be happy to answer any queries you have.

## A new email for ordering Halliwick AST publications ...

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As you know, Halliwick AST produces a wide range of publications supporting those working with Halliwick. You can have a look at what's available and order publications at [halliwick.org.uk/resources-for-halliwick-ast/publications-2/](http://halliwick.org.uk/resources-for-halliwick-ast/publications-2/). As part of our ongoing development, we now have a dedicated email for all things to do with ordering Halliwick AST publications and this is [halliwickast.orders@outlook.com](mailto:halliwickast.orders@outlook.com).

## Congratulations to the UK Halliwick Team ...

Congratulations to the Halliwick AST UK team that took part in the [International Halliwick Association's](#) 4th international gala on 22nd September 2018 in Krakow, Poland!

The team did very well and enjoyed meeting and competing with Halliwick teams from across the world ... very well done to everybody!

Here are just a few photos ...



## Upcoming Halliwick AST Courses ...

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There are a few upcoming Halliwick AST Courses available at the moment so don't forget to book your place! Discounts to course fees may be available for those affiliated to Halliwick AST for more than 2 years. Details of the cost of each course can be found on our website by following the links below.

### Foundation Course – Cambridge, UK

March 2019 – 4-Day course

See [halliwick.org.uk/2019/02/08/cambridge-foundation-course-announced/](http://halliwick.org.uk/2019/02/08/cambridge-foundation-course-announced/) or email [Martin@castle.cambs.sch.uk](mailto:Martin@castle.cambs.sch.uk) for further information.

### Foundation Course – Hull, UK

April 2019 – 4-Day Course

See [halliwick.org.uk/2019/01/09/york-and-hull-halliwick-courses-for-2019-announced/](http://halliwick.org.uk/2019/01/09/york-and-hull-halliwick-courses-for-2019-announced/) or email [kelsey59@kelsey59.karoo.co.uk](mailto:kelsey59@kelsey59.karoo.co.uk) for further information.

### Foundation Course – York, UK

August 2019 – 4-Day Course

See [halliwick.org.uk/2019/01/09/york-and-hull-halliwick-courses-for-2019-announced/](http://halliwick.org.uk/2019/01/09/york-and-hull-halliwick-courses-for-2019-announced/) or email [kelsey59@kelsey59.karoo.co.uk](mailto:kelsey59@kelsey59.karoo.co.uk) for further information.

### Advanced Course (Applying and Teaching Halliwick Skills) – York, UK

August 2019 – 4-Day Course

See [halliwick.org.uk/2019/01/09/york-and-hull-halliwick-courses-for-2019-announced/](http://halliwick.org.uk/2019/01/09/york-and-hull-halliwick-courses-for-2019-announced/) or email [kelsey59@kelsey59.karoo.co.uk](mailto:kelsey59@kelsey59.karoo.co.uk) for further information.

It is hoped that further courses will be available soon so check our website at <http://halliwick.org.uk/courses-training/> for the latest information and updates on courses and training.

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## Contact Us ...



- Email us at [halliwickast.chair@gmail.com](mailto:halliwickast.chair@gmail.com)
  - Like us on Facebook at [www.facebook.com/HalliwickUK](http://www.facebook.com/HalliwickUK)
- Follow us on Twitter at [@HalliwickUK](https://twitter.com/HalliwickUK)
  - Visit us at [www.halliwick.org.uk](http://www.halliwick.org.uk)

The Halliwick Association of Swimming Therapy is a registered charity with the Charity Commission of England and Wales, charity number **250008**.