



Halliwick AST Newsletter February 2020

**PROMOTING SWIMMING FOR DISABLED PEOPLE
USING THE HALLIWICK CONCEPT**

Message from the Chair ...

by Will Wyatt

Welcome to the February 2020 edition of the Halliwick AST Newsletter.

We have been as busy as usual here at Halliwick AST since our last newsletter in June 2019. 2020 (where do the years go?) looks to be another eventful year for us.

Not least, following the success of the Halliwick Event in May 2018, we have planned another **Halliwick Event** to take place in London on **16/05/2020**. There is more news of that on [page 5](#) of this newsletter, so I hope as many of you as possible will book your place and come and join us!

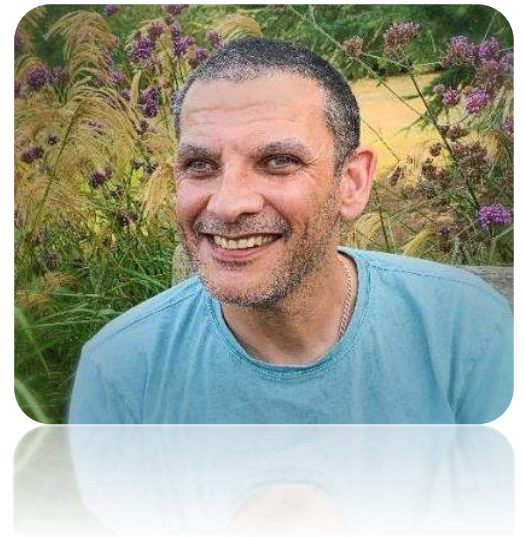
Don't forget too that before that, our **Annual General Meeting** takes place in London on **26/04/2020** and we would love to see as many of you there as possible. For more information on that, email me at halliwickast.chair@gmail.com.

It's wonderful to have so many people volunteer their time and skills for Halliwick, and that is no less true within Halliwick AST than it is within clubs and other groups up and down the country. Our long-serving insurance officer and (acting) secretary has written about how he first became involved with Halliwick and what he has done for Halliwick over many decades. You can read Eric's Halliwick story on [page 2](#).

Now I have mentioned long-service, I must say a heartfelt thank you to Gill Wilkinson. After many years, she has decided to step down as our treasurer. You have done a wonderful job for us Gill, keeping our accounts in perfect order despite the difficulties we've sometimes created for you! We know you'll still be involved in Halliwick in your club and region (and hopefully with us too) so thankfully, we aren't saying goodbye to you.

There is lots more information and news in this newsletter, including news of our new acting treasurer and results of the 2019 National Championships. You can now even buy Halliwick merchandise so don't forget to order yours!

I look forward to meeting as many of you as possible on both 26/4/2020 (our Annual General Meeting) and 16/05/2020 (our Halliwick event) and, in the meantime, keep swimming!



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My Halliwick Story ...

by Eric Dilley

My Halliwick journey started in about 1968 as a 17-year-old schoolboy. A girlfriend took me to the Kensington Emperors Swimming Club in London, sited in the shadow of the now infamous Grenfell Tower. The love affair with her did not last but the one with Halliwick endures to this day. I was under the tutelage of Dr Joan Martin MBE who was a fascinating character and my friendship with her spanned until she passed away in January 2018 at the age of 102. What stories I could tell about her! Joan quickly inducted me into the workings of the club, the region and the national association (Halliwick AST). I carried out various roles within the club and became its Chairman too many years ago to remember the exact date. I gained my Halliwick Instructors' Certificate decades ago but still continue to learn.

I attended regional and national meetings throughout the country and was soon taking on roles at regional and national level. As an Associate of the Chartered Insurance Institute, I became Insurance Officer of Halliwick AST and have been its Secretary for quite a few years. My duties as Secretary include sending out re-affiliation requests and insurance renewals; keeping our databases up to date; issuing newsletters and servicing National Executive Meetings by minute-taking and actioning suggestions made at these meetings. I still get involved in answering the odd query but thankfully our excellent website can answer a great many of those that people may have.

The Kensington Emperors Swimming Club closed down in December 2012 when the leisure centre it was based in was completely demolished. It took over two and a half years to rebuild and, for reasons too various to mention here, we were never able to restart again. I have many regrets about this, but my conscience is salved because most pools, particularly new ones, have many facilities for disabled people which means they can operate on equal terms with their more able-bodied counterparts. I believe that disability swimming is now much more 'main course' because of the work that Halliwick instigated in those early years.

Over the years I have been privileged to meet so many special people. My own club consisted of Paralympic swimmers, cross channel swimmers and swimmers that I nudged into swimming one width. Many of those friendships made in my first years with Halliwick endure to this day and we still do meet up from time-to-time even though many are dispersed throughout the country. I have met Sirs and Ladies, the odd Duke and Count, the unemployed, community service volunteers and the local barrow boys. I was even sent a round of drinks to my table in a pub by an anonymous Baron who saw the work that we were doing, and I still do not know to this day who he was. It just shows the diversity of the organisation.

My quest now is to try to get as many people as possible involved in clubs, regions and particularly the national association which desperately needs your help. Who knows, you might one day meet a Duke just like I did.



Money Matters ...

After many years of sterling work as our Treasurer (too many to mention!), Gill Wilkinson has decided to step down. We are enormously grateful for all that she has done for us and the way in which she has seamlessly handed over her duties with our accounts being in perfect order! A heartfelt thank you Gill, from all of us! You have done a fantastic and faultless job.



We are, at the same time, delighted to welcome Martyn Saville onto our committee. He is currently our Treasurer Elect pending our AGM to be held on 26/04/2020 in London. He can be contacted at our new treasurer's email address which is haliwickast.treasurer@gmail.com.



Updated Publications & Equipment Order Form ...

Our publications and equipment order form has been updated and can be downloaded at <https://haliwick.org.uk/orderforms/>.

There are lots of useful things available including a wide range of publications, information and DVDs. There are also proficiency badges (and certificates if you would prefer to award a certificate as well as/instead of the badges) for those passing their Halliwick AST proficiency badges.

All is designed for people working with the Halliwick Concept so if you have not looked at what's available yet, take a look at <https://haliwick.org.uk/resources-for-haliwick-ast/publications-2/>.



You Can Now Order Halliwick AST Merchandise! ...

Our friends at RuggedBUG are producing and selling Halliwick AST tee-shirts, hoodies, hats and more for us, all with the Halliwick AST logo.

For details of all that's available, pricing and on how to order, see our dedicated website page at <https://haliwick.org.uk/resources-for-haliwick-ast/haliwick-ast-merchandise/>.

Congratulations! ...

Congratulations to **Nicholas Cushen, Nadiene Dyne, Jennifer Thomson** (of Barry Beavers SC), **Stacy Davies, Lisa Goddard** (of Otters SC) and **Phillip Masters** (of Rhondda Polar Bears SC) who have all passed their Halliwick Instructors' Certificate (HIC). Congratulations also to **Frances Coombs** who is now an assessor for the HIC. Very well done everybody!

Halliwick AST National Championships 2019 ...

We had a great time at the Halliwick AST National Championships held on 19/10/2019 in Ebbw Vale, Wales, superbly hosted by Halliwick ASTRA 15.

5 regions took part and points were awarded as follows following all races:

Halliwick ASTRA 1 (Greater London, North of River Thames) **26 points** (4th)

Halliwick ASTRA 2 (Greater London, South of River Thames, Kent, Surrey and Sussex) **35 points** (2nd)

Halliwick ASTRA 5 (Yorkshire) **29 points** (3rd)

Halliwick ASTRA 8 (Cheshire, Staffordshire and Shropshire) **22 points** (5th)

Halliwick ASTRA 15 (Wales) **40 points** (1st)

Congratulations to Halliwick ASTRA 15 on being National Champions for 2019!

You can view full results by race on our website at:

<https://halliwick.org.uk/wp-content/uploads/2019/10/National-Championship-Results-2019.pdf>.

Halliwick AST Executive Committee Meetings on 14/09/2019 and 25/01/2020

Amongst other things:

- We welcomed Martyn Saville onto our Executive Committee who is now our Treasurer Elect.
- We had a report from a number of us who attended a successful conference of the ATACP (Aquatic Therapy Association of Chartered Physiotherapists) where we were able to display all things 'Halliwick'.
- We discussed further plans for our **SPECIAL EVENT** taking place in London on 16/05/2020 – see [page 5](#) of this newsletter for further details.

Our next Executive Committee Meeting will be on 26/04/2020 in London taking place alongside our **ANNUAL GENERAL MEETING**. You can see all upcoming dates at

<https://halliwick.org.uk/affiliation/upcoming-dates/> where there are also links to further information about things that are happening.



Patricia Finch, BEM ...

Many congratulations to Patricia (Pat) Finch who has been honoured by Her Majesty the Queen in the 2020 New Year's Honours List with a British Empire Medal (BEM) for services to disabled people. Much of her work with disabled people is with her local Halliwick swimming Club, Barry Beavers in Wales (Halliwick ASTRA 15). Well done Pat, from all of us at Halliwick AST!



Upcoming Halliwick AST Course ...

Foundation Course – Hull, UK

August 2020 – 4-Day Course

See <https://halliwick.org.uk/2020/01/16/hull-halliwick-ast-foundation-course-announced/> or email catherinerobinson1@hotmail.co.uk for further information.

Further courses are being planned for 2020 so keep looking at <https://halliwick.org.uk/courses-training/uk-course-dates-organisers-2011/>.

Halliwick AST Event 16/05/2020 ...

Following the success of our Halliwick Event in May 2018, we are holding another **Halliwick Event on 16/05/2020**, to take place in Central London at **Friends House, 173 Euston Road, London, NW1 2BJ, UK**. The event will take place from **10.30 am to 4.30 pm** and is **free to attend**. Reasonable travelling expenses will also be paid for up to 2 people attending from a club or group that has affiliated to Halliwick AST.

The theme of the event is '**Halliwick, Past, Present and Future**' and the day will include lots of interesting presentations and discussions which will not only be informative but will celebrate Halliwick and its people. The day will also include presentation of awards. There is lots more information on our website about the event at <https://halliwick.org.uk/affiliation/halliwick-ast-event-16-05-2020/> and you can also book your place(s) through that page.

Be quick to book as we wouldn't want to you to miss out!

If you have any specific questions about the event, you can email Ann Thomson at annmthomson@outlook.com.

**Halliwick
AST**

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(correspondence address only)

Contact Us ...



- Email us at halliwickast.chair@gmail.com
 - Like us on Facebook at www.facebook.com/HalliwickUK
- Follow us on Twitter at [@HalliwickUK](https://twitter.com/HalliwickUK)
 - Visit us at www.halliwick.org.uk

The Halliwick Association of Swimming Therapy is a registered charity with the Charity Commission of England and Wales, charity number **250008**.