SwimPix news

www.aswim.uk

October 2024

STA Conference '24

Derby - Friday 11th and Saturday 12th October

A big **thank you** to the STA for the opportunity for SwimPix @aswimuk to come to the STA Conference 11th & 12th October. We enjoyed meeting everyone and finding out who, where and how everyone was teaching!

The event compare, Mike Goody - Invictus Games Gold Medallist (left) was the life and soul of the conference, keeping everyone motivated! Professor Greg White (right) was the keynote speaker who gave an inspirational start to the Conference with all his celebrity success stories.

Many great workshops followed on Friday and Saturday covering a wide range of topics - including a focus on creating opportunities for wider access to swimming lessons with inclusion at the forefront.

SwimPix @aswimuk had the opportunity to deliver two pool sessions to showcase how we can use SwimPix for all, a few people we spoke to thought that SwimPix was only for special education needs and or disability however, they quickly realised that SwimPix is for everyone!

Page 2 shows some ideas from our presentation ...

Welcome to our October Newsletter and "Learn with SwimPix".

We are glad to say we are back after spending time on developing Learn with SwimPix to work alongside any learn to swim programme.

This month's newsletter introduces you to our new products - click on the panel below to be taken to our shop to explore Learn with SwimPix. We also feature an article on the STA Conference 11th & 12th October '24.

Feel free to send us your experiences using SwimPix. We are always happy to share articles or case studies about creative ways of teaching. Email me at: training@aswim.uk

For advice contact Alison: training@aswim.uk
For sales contact: office@aswim.uk

Alison

Alison Bell

NEW! in our online shop

Go to our online shop and explore our new **Learn with SwimPix** range which supports all learn to swim programmes!

CLICK HERE!

Learn with SwimPix

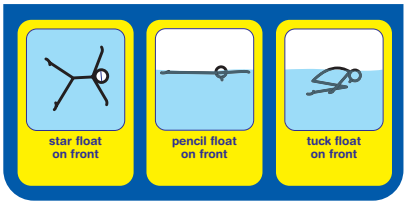
STA Conference '24

... in the pool!

We first looked at storyboarding. This can be set up on the side of the pool using our **Now & Next and Sequence Displays** together showing 5 SwimPix or by setting up a storyboard on a large float, creating a "floating" storyboard.

A **Storyboard** can reduce anxiety for autistic swimmers and a useful reminder of the content of the lesson especially for those with short-term memory.

We looked at using a **Sequence 3 Display** with three floating shapes performed one after the other then mixing up the order to be creative.



Using a **Now & Next 2 Display** gives less information and can be clearer on what the activity is **now** and what will be **next**, one of my favourites. I used a traffic light game using "red" as "flat sculling".

We used many of our **Communication SwimPix** through the session from building rapport with the emojis, giving praise, pool rules and that all-important "stay up and hold the side", "5 minutes to go", "wave goodbye" and "return to adult".

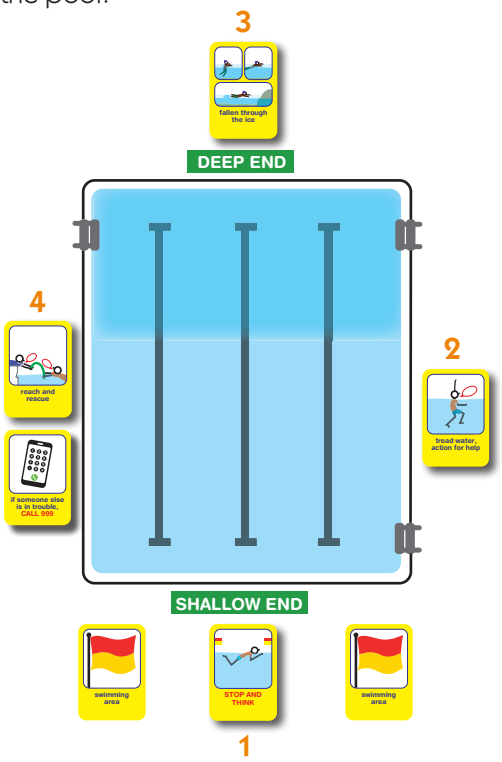
Using SwimPix on top of a float - for example - breaststroke leg action as a reminder for those swimmers that may lose concentration easily.

We played a game with four aquatic skills placed on floats spread out in the pool. I called out a colour of the float and the first swimmer to pick it up, showed the SwimPix, demonstrated the skill to everyone and then swimmers copied. This is an ideal way of giving everyone ownership in the lesson and feeling involved in their learning.

The teachers had a go at using **SwimPix minis** on lanyards with a safety break. These are on waterproof card with a plastic ring so you can put just the SwimPix you need for that lesson. Perfect for one-to-one lessons.

A new resource for you! If you have any cones like the one in the picture, you can make a small cut on either side at the top of the cone with scissors. Slide the SwimPix into the top of the cone. You can then place the cone anywhere on poolside allowing you to make sequences. SwimPix will act as a visual cue to the next part of the sequence.

With your new resource it makes it very easy using our **Water Safety Set** to make a circuit. We had four stations around the pool.



We had:

1. A safe place to swim
2. "Action for help" remembering to keep our arm straight
3. A situation of falling through the ice and techniques to self rescue
4. Reach and rescue and Call 999

There are 12 different situations to teach in pool in the Water Safety Set. Adding a situation into the circuit makes water safety interesting and education on how to keep safe. Perfect for the classroom too!

We hope you find these ideas useful!