



[www.halliwick.org.uk](http://www.halliwick.org.uk)

**THE HALLIWICK CONCEPT: PROMOTING  
MOBILITY, CONFIDENCE AND  
INDEPENDENCE IN THE WATER**

# HALLIWICK AST FOUNDATION COURSE

## CAMBRIDGE UK

### NOV 30<sup>TH</sup> - 3<sup>RD</sup> DEC 2026

Please note this is a 4-day 9am-5pm course and you must commit to all 4 days  
suitable for anyone wanting to develop skills to support  
disabled people to swim, learn how to encourage

- water confidence and water safety
- fun with activities, games and music
- balance, strength and coordination
- communication and social skills



- Logical ten point programme to support swimmers with a disability
- minimum 10hrs pool practical
- suitable for teachers, parents, therapists and pool staff

**WHERE:** Castle School  
Therapeutic  
School  
CB4 2EE

**LECTURER:** Recognised International  
Halliwick Association Lecturer

**cost: £ 605**

limited to: 12 learners

**registration deadline: 16/11/2026**

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